ASHA Foundation Bangalore

ANNUAL REPORT 2019-2020

ASHA FOUNDATION
BANGALORE

ANNUAL REPORT
2019-2020

Executive Summary

This document presents an overview of ASHA Foundation's activities from April 2019 to March 2020.

The year commenced on a good note, with the organization achieving the highest possible level of accreditation from the Credibility Alliance (valid from 2019-2024). The Credibility Alliance is a body that has developed standards or norms of governance, accountability and disclosure practices in the voluntary sector to enhance accountability and transparency. Having achieved the maximum accreditation level, ASHA Foundation joins an elite list of organisations that exhibit 'desirable' norms. The organisation also attained renewal of its recognition as a Scientific and Industrial Research Organisation (SIRO) from the Department of Scientific and Industrial Research (valid from April 2020-March 2023), enabling us to continue receiving research funds.

The five service projects of ASHA Foundation sustained their impactful growth as in preceding years. A synopsis of each project's performance is given below:

HIV Counseling and Testing Services

Since inception, there have been almost 30,000 telephone counseling calls, more than a 1000 email queries and 9000 face-to-face counseling sessions, of which this period accounted for:

- 1862 telephone counseling calls.
- 509 face-to-face counseling sessions.

ASHA Foundation over the years has conducted free HIV/AIDS awareness programs for housemaids, contract labourers, metro construction workers, contract laborers, police training college trainees, garment workers, autodrivers, street vendors, anganwadis, doctors, nurses, teachers, nursing students, medical students, community health workers and laypeople, now numbering in the thousands.

The Adolescent Health Education Project

Under this project, master trainers from the organisation train teachers on issues surrounding adolescent health, and the teachers use a resource manual developed by ASHA Foundation to teach the curriculum to their students aged 13-16 years. This year:

- 180 teachers from 132 institutions in Akola, Chikaldhara and Bangalore were trained in three-day teachers' training workshops, bringing the total number of teachers trained under this project to 3500.
- 54,801 students from 546 institutions in Andhra Pradesh, Karnataka, Tamil Nadu, Kerala, and Maharashtra used our life skills curriculum during this period. The list of schools and colleges is available in Annexure 1.

The Children-at-Risk Project

This project supports HIV-infected and affected children and HIV positive men, women and families. Free medical care and consultation is provided for all the HIV positive patients, including children. The services include routine medical care, treatment for opportunistic infections, counseling services, socio-economic assessments, free or subsidised Antiretroviral Treatment (ART), free or subsidised costs for investigations, empowerment of women through Self Help Groups, educationaland nutritional support for HIV infected and affected children. This year:

- 89 children received support for education (57 for school, and 32 for college and vocational training.
- There were 1929 patient visits.
- There were 11 SHG meetings. A total of 160 interest free loans have been disbursed over the years.

The Prevention of Mother-to-Child Transmission (PMTCT) of HIV Project

HIV positive pregnant mothers are identified and treated so that their babies are born HIV negative. So far, more than two lakh mothers have been tested under this project, of which 1012 were identified as HIV positive. The risk of transmission of HIV from mother to child has been reduced from 45 % to 1.85% in our cohort. This year:

- 9464 pregnant mothers were tested for HIV, of which 40 were identified as HIV positive and treated and monitored.

- Of the 38 babies born during the specified time period, 37 were tested for HIV, and all 37 were negative.

Camp Rainbow Project

Under this project, ASHA Foundation conducts five-day residential camps for HIV positive children. The camps empower these children by arming them with precise information and constructive attitudes about their condition, vastly improving their self-esteem and serving as an effective means of restoration of their dignity. So far, 488 children have attended the camp, 193 volunteers have been trained, and 113 adolescents have undergone leadership in training programs. Overall, a total of 3107 people have been influenced under this project, including campers, volunteers, adolescents, follow-up participants, caregivers, staff who care for the children at orphanages. This year:

- 92 HIV positive children attended the camps.
- 35 new volunteers were trained as staff.
- 14 adolescents (aged 18-24) attended leadership in training programs.

The research projects continue on schedule. During this period, ASHA staff attended 16 training programs and conducted 35 training programs.

The Board of Trustees of ASHA Foundation had regular quarterly meetings. The meeting in September 2019 was also attended by Mr. Ajit Isaac, M.D., Quess Corp Ltd as an invitee.

The year ended on a sad note. Our esteemed long-time colleague and coordinator of our adolescent health education project, Ms. Joyce Davis, passed away unexpectedly in January 2020. She will be greatly missed.

I would like to place on record my gratitude to our Board of Trustees, the Research Advisory Board, our long-standing supporters Mr. Krishna Chivukula and Indo-MIM Ltd., Kindernothilfe Germany, Scotland Trust, the Serious Fun Network USA, WIPRO Cares, Quess Corp Ltd., Kurian Foundation Trust and all those individual donors who contributed so generously.

Finally, I thank the staff and volunteers of ASHA Foundation for their hard work and commitment, without which the organisation could not have made such a difference in so many lives.

Dr. Glory Alexander, Director, ASHA Foundation.

OBITUARY

Mrs. Joyce Davis – B.Sc, M.A, M.Ed, B.R.E.
05.08.1954-20.01.2020

Joyce Davis was born in Mhou, Madhya Pradesh. She was brought up in different places as her father was in the army. After she completed her postgraduate studies, she was the principal of the Daystar School in Manali for twelve years before moving to Bangalore 2001 to take up the post of principal at the prestigious Baldwins Girls' High School. I met Joyce in 2001, when I was looking for a suitable head for ASHA Foundation's Adolescent Health Education project. Joyce joined ASHA Foundation in that capacity, and stayed with ASHA for almost twenty years, until she passed away. In that time, she contributed immensely to the work of the Foundation.

Joyce created and nurtured the Adolescent Health Education (AHE) project, shaping a major part of the Teachers' Resource Manual, and organizing and developing ASHA Foundation's teacher training workshops including the content, activities, journal writing, and recruitment of teachers for the program. She held about 65 AHE workshops for ASHA Foundation in different parts of the country such as Bangalore, Mysore, Mangalore, Chamraj Nagar, Chikamagalur, Belgaum, Nagpur, Shimla, Mumbai, Pune, Amravathi, Akola, Chikhaldara, etc. With her team of master trainers, she trained over 4000 teachers and reached about three lakh students across the country over the years. About 530 institutions and 55,000 students are currently using this curriculum. She has left behind a huge legacy and her shoes will be very difficult to fill.

Joyce was my contemporary, my trusted colleague, my sounding-board, and my friend. She endeared herself to all her colleagues with her calm, warm and friendly nature. She was a big source of strength and comfort in our times of need. She always had a word of love or humour to cheer up anyone who was feeling low. Joyce lived her life with grace, dignity and honour, and her faith was very strong until the very end. All of us at ASHA Foundation miss her greatly, and take comfort in the fact that hers was a life well-loved and well-lived.

Dr. Glory Alexander
Director
ASHA Foundation

Memories of Joyce

ASHA Foundation

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Contact person: Dr. Glory Alexander

Statutory requirements and registrations:

- Registered on 07.03.1998 as a Charitable Trust in Shivaji Nagar, Registrar's office, Bangalore. Registration number- **849/97-98**
- Amended trust deed document No.- **899/04-05**
- Certificate under 12(A) of IT Act 1961 obtained on 01.05.1998 and

  No. is -**Trust/718/10A/Vol.A.I/A.772/98-99/CIT-II**
- Recognized U/S 80 G of IT Act 1961 latest recognition is from 1.4.2010 onwards.
- PAN No. is available. TAN No. is available.
- Registered under FCRA. Valid till 31.10.2021. FCRA No. is available.
- Renewal of recognition granted as Scientific and Industrial Research Organization under DSIR, GoI from 01.04.2020 to 31.03.2023.
- Accredited as member of Credibility Alliance for Desirable Norms for five years from 20.09.2019 to 19.09.2024. Accrd. No- CA/39/2019.
- Registered with Regional provident Fund Commissioner-**KN/41859**
- Bankers Name- Punjab National Bank, Anand Nagar, Bangalore-560024

Vision:

Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities

Mission:

- To build the capacity of vulnerable communities and to advocate for them.
- To provide awareness, prevention, education, training and to network effectively with all stakeholders.
- To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- To conduct research in all aspects of our work.
- To empower the communities that we work with.

Aims:

1. To build awareness of HIV/AIDS infection in the community.
2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
3. To train counselors in HIV/AIDS.
4. To provide counseling to HIV patients, their families and the community.
5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
8. To network with other voluntary, statue, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively
9. To rehabilitate HIV / AIDS patients and families.
10. To conduct and help research in HIV / AIDS
11. To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
12. To make a difference in the lives of patients living and dying with AIDS.

Board of Trustees of ASHA Foundation

Sl. No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Consultant	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B. Sc, PGDIR&W(XLRI)	Management Consultant	No.218. 3rd Main, Laughing Waters, Varathur Marin Road, Ramagondanahalli, White Field, Bangalore -560006
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No. 258/A Bommasandra Industrial Area, Hosur Road Anekal Taluk Bangalore-560099
5.	Dr. Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	\Executive Director-AHPI Consultant, World Bank	AHPI Office No.27. First Floor GVR Plaza, Bellary Road Bangalore 560024
6.	Dr. Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4th main SBM Colony Anand Nagar,Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

This report is for the period April 2019 to March 2020. The following projects were continued during the financial year:

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
2. Adolescent Sexual Health Education Project named Anmol Ashayein.
3. The Children at risk project.
4. The Prevention of Mother to Child Transmission of HIV project.
5. Camp Rainbow Project.
6. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

1. The AIDS Helpline and Telephone Counseling service and integrated counseling and testing service

The ASHA Foundation HIV/AIDS helpline was one of the first helplines started in the country in 1998. In the year 2011 the IVRS system was discontinued but the manual helpline which was started in the year 2000 continues till date.

HIV/AIDS helpline service and integrated counseling and testing service is one of the projects of ASHA Foundation which focuses on providing counseling to HIV patients, their families and their community. There are two manual helpline which functions on 5 days of the week from 9.00 am to 5.00 pm. It also aims at enhancing adherence to treatment and, to improve their quality of life. In addition to telephone counseling, face to face counseling is also available. ASHA Foundation is located in the urban district of Bangalore. ASHA Foundation introduced the manual telephone counseling line for HIV/AIDS in the year 2000. The project is now in its twenty first year.

Goal:

(i) To build awareness on HIV/AIDS infection in the community.

(ii) To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.

(iii)To provide counseling to HIV patients, their families and the community.

(iv) To provide personalized, quality, medical care to patients with HIV/AIDS irrespective of their ability to afford treatment.

(v) To train counselors in HIV/AIDS as and when required

Presently the **activities** under this project are:

1. Telephone counseling
2. Face to Face counseling which includes the following:
    - Pre test counseling
    - Post test counseling for negative and positive persons
    - Supportive counseling
    - Family counseling
    - Counseling for ART and adherence
    - Counseling for PMTCT
    - Counseling for regular follow up/ irregularity/lost to follow up
3. Response to E mail queries
4. Awareness programs
5. Training
6. Research

Target:

(i) To increase number of counseling sessions for adult and children by 5%

(ii) To conduct 3 HIV/AIDS awareness session per year

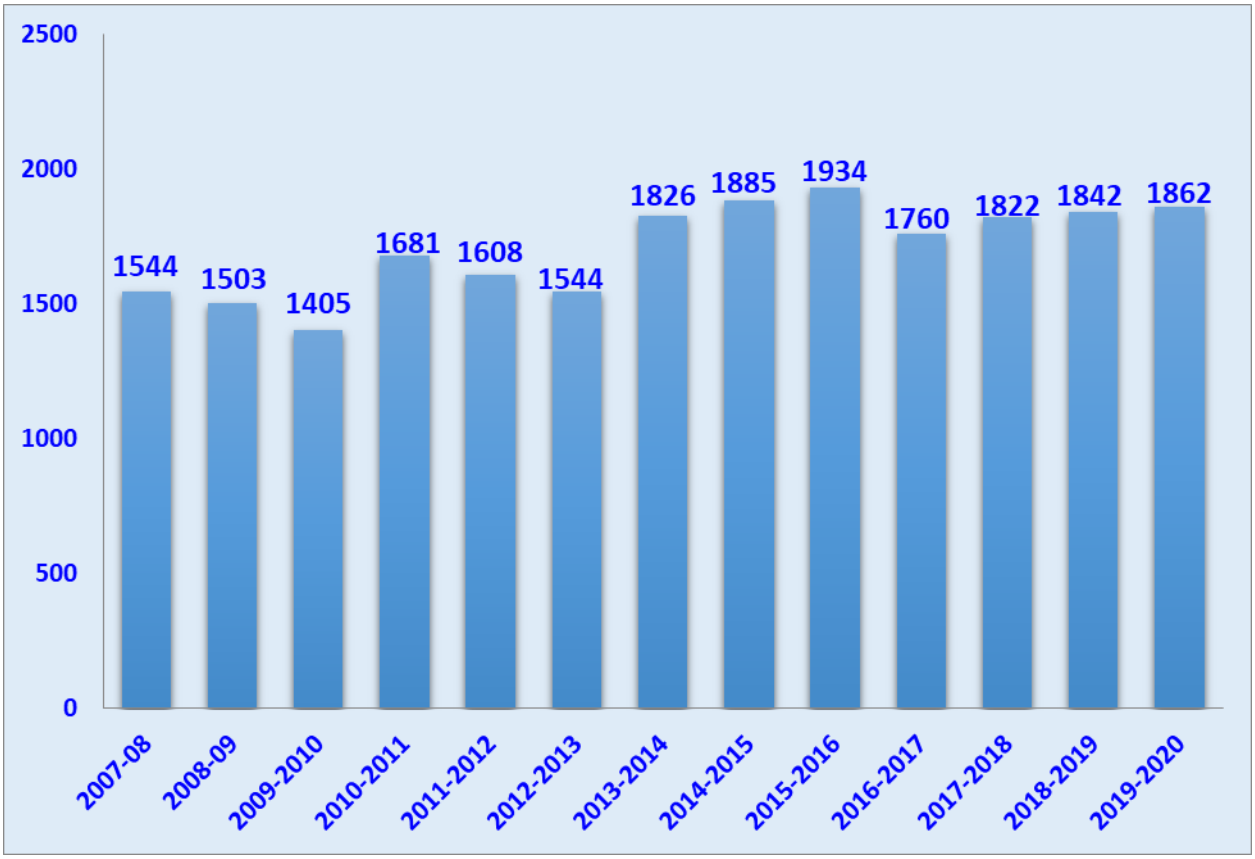
(iii)To increase the number of telephone calls by 5%

(iv) To increase our publicity through advertisements in newspapers & poster

(v) To increase number of email queries

ITEM	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2019-March 2020	1862
Cumulative total since 2000	**29566**

Graphical representation of calls received on telephone helpline:



E- Mail Queries

Year	Number of queries
April 2019-March 2020	54
Cumulative total since 2008	**1052**

Publicity

Type of publicity	April 2019-March 2020
Newspaper advertisement	10
Number of calls from Newspaper	91
Number of calls from Poster	12
Cumulative total of Newspaper advertisement (since March 2010)	**621**

Counseling Details

Type of counseling	April 2019-March 2020
Pre test counseling	48
Adherence counseling	140
Follow-up counseling	253
Family counseling	67
People refd. to other services	1
Total counseling sessions	**509**
No. of HIV tests done	36 people not tested in window period
	(9) people came for information
No. of HIV tests Positive	22
No of HIV tests negative	21
Cumulative counseling sessions from 1998 to March 2019	**9155**

Awareness Programs Conducted by ASHA Foundation

Date	Topic	For whom	Venue	No. of persons	Conducted by	Timings
4.09.2019	HIV/AIDS Awareness session	Angawadi Mothers	Chennahalli	40	Priyanka. M Supriya	11 am to 12 pm
4.09.2019	HIV/AIDS Awareness session	Self Help Groups	Chikkajalla	37	Priyanka. M Supriya	12.30 pm to 1.40 pm

Over the years**,** ASHA Foundation has conducted free HIV/AIDS awareness programs for thousands of metro construction workers, contract labourers, police training college trainees, garment workers , auto drivers , housemaids and street vendors, anganwadis, doctors, nurses, teachers, nursing students, medical students community health workers and lay people.

Case studies in counseling:

1.An old couple of ages 69 years and 79 years came to ASHA Foundation in the year 2019. The wife told us that she had had her uterus removed in the year 1985 for a bleeding problem. At the time she was given blood transfusion. In the year 1994 when she wanted to visit a relative in one of the middle eastern countries she applied for a visa. The visa was not given as she was diagnosed HIV positive. Her husband tested HIV negative. Initially she and her husband went to another NGO for counseling and care but then stopped because they were worried about stigma and discrimination. Since 1994 she has not been under HIV care at all. She came now to ASHA Foundation because she had developed a cough and was worried that it was due to her HIV infection. All three tests for HIV antibodies were positive. Her husband was again HIV negative. Her CD4 counts were normal and her HIV viral load was undetectable. It is assumed that she got infected through HIV infected blood transfusion she received in 1985 since those days the HIV test on the blood bottles were not conducted before transfusion, since HIV infection had not yet been diagnosed in the country. She did not give any other risk. In spite of being HIV positive for 34 years and on no treatment for the same her viral load was undetectable. Such cases are referred to as Elite Controllers . Elite controllers are a small subset of people who can control their infection without treatment and have normal CD4 counts. She was counselled about the nature of her disease and its progress. She recovered fully from her cough with just a course of antibiotics. They were reassured with counseling.

This case is being presented for two reasons – she probably was one of the earliest cases of HIV infection in India (officially earliest case was in 1986) and two because she was an elite controller which is quite rare.

2. Umesh (name changed) first came to ASHA Foundation in the year 1999. He was diagnosed HIV positive. He was investigated, given several rounds of counseling for adherence to ART medication and started on ART. He followed up with us till 2001 and was irregular on treatment in spite of repeated counselling sessions. Finally he stopped coming altogether in 2001. He returned to ASHA Foundation in 2019, 18 years later and was found to be still irregular on treatment with ART, moving from one doctor to another , till he finally had become resistant to all the routine ART medication and now had to spend almost Rs 20,000 per month on ART which he just could not afford. So in frustration and with fear he returned to ASHA Foundation after 18 years and pleaded that he would take his medicines regularly because he did not want to die. Again he was repeatedly counselled. His CD4 counts were low and viral load was high. He

was put on relevant medication at a reasonable rate and has been on regular follow up for a year with us. His viral load is undetectable and he has put on almost 10 kgs in weight.

This case is being presented to demonstrate the importance of adherence to ART in HIV Infection. If one is irregular with medication, and casual about treatment then a time will come when there are no options left or the options become very expensive. In a challenging case such as this one it requires a near death experience for the patient to understand the importance and change for the better.

2. Adolescent Health Education

Adolescent Health Education is one of the projects of ASHA Foundation which was launched in the year 2000. The project involves the empowering of adolescents so that they can face the challenges of their future. The project started with the empowering of students in the area of preventing HIV/AIDS which was a threat to adolescents. As years passed on other challenges of smoking, substance abuse, alcoholism and suicide ideation have become a source of threat.

It was perceived that adolescents given social / emotional education, like the one developed by ASHA Foundation, could face all manner of challenges. But as we see the present scenario it seems that Education in its narrowest sense does help adolescents to face the future. *The 2018 World Development Report on Education: A Critical Analysis.* Titled ***Learning to Realize Education's Promise*** Washington views that the World Bank economist have (World Bank, 2018. 216 pp (Klees et al., 2012) continued to reflect a narrow view of education because it does not take into account the global concern of equity among men and women. Respect and responsibility do not feature in the educational system because only the cognitive achievement is measured and appreciated. But development of non-cognitive skills is equally important because both these skills together play an important role in human capital development and workforce success.

The strategy involves empowering adolescents with life skills and build character in the school going years. Therefore the people involved in the program are Institutions, school leadership, teachers, parents, students and ASHA Foundation.

In the year 2019 – 2020 the following work was done to fulfill the goal of Adolescent Health Education. The starting point is the training of teachers who then teach the program to the students.

This program trains teachers in a three- day workshops. The strategy is to train teachers who would facilitate this process for their students in their schools. Volunteers and others have done this for out of school youth too.

These teachers go back to their schools and in consultation with the school leadership implement the program in their schools. To make this value teaching realistic there is a peer and parent component. The guideline for this is provided to the teachers at the teachers' training workshop. Each lesson has its peer and parent's component.

The value teaching is structured to help children walk the talk not only for teenage years but these skills are learnt for life.

Topics being dealt with are related to friendships, relationships, marriage, sex in perspective, life skills and correcting the course if students have made mistakes.

The aim of this program is to empower young people in character and practice and develop life skills.

The role of ASHA Foundation is to provide the training for the teachers along with the resources for both students & parents along with technical assistance by way of follow up.

The Curriculum

The curriculum fills the gap in the school system so that the emotional development of young people is addressed.

The curriculum is a flexible one and schools are able to implement the program in their time-table with their own staff.

Targets for the year:

1.To conduct at least three teachers training workshops in life skills during the year

2. To train at least 150 teachers during the year

3. To increase the number of students doing the program by 5000 students per year

4. To train teachers from Tribal schools in Chikhaldhara, Maharashtra. Thribal group is the Korku Tribe

The **Korku Tribes** are an Adivasi ethnic group predominantly found in the Khandwa, Burhanpur, Betul and Chhindwara districts of Madhya Pradesh and adjoining areas near the Melghat Tiger Reserve of Maharashtra. They speak the Korku language, which is a member of the Munda languages and is written using Devanagari. They are classified as a Scheduled Tribe by the Indian government.

Korkus have derived their name from the combination of the word 'koru' meaning man and 'ku' which makes it plural meaning tribal men. The Korkus are a Munda tribe and live near a Dravidian-speaking tribe — the Gonds. The Korku people are initially believed to be a hunter-gatherer community who dwelt in the forests of the Satpura Range on both sides of the Tapti River.

The Korku tribe lives in small groups of huts made of grass and wood. Every household has elevated stage like structure in the front side of the house. This elevated stage is used as a storage space of farm produce such as cattle feed. They socially consume liquor made from the flowers of the Mahua tree which is prepared in almost all the houses. Predominantly, a rural-based community with 97% living in rural areas, Korkus are primarily cultivators.

Wooden pillars erected from the floor are the main base of the house they make. The roof is thatched with bamboo frames and hand made tiles. Bamboo mats form the skeleton of the walls which is smeared with mud. There they lay their heads dreaming about a better tomorrow.

Whilst they share the love of the forests with the Gonds, they are also excellent agriculturists and Korkus in Bhainsdehi tahsil of Betul district of Madhya Pradesh have pioneered the cultivation of potato and coffee. In their traditional festivals of Hari and Jitori, they celebrate a month long planting campaign. In this way they combat malnutrition and environmental degradation.

The community is the home to a unique and distinct culture, possesses a rich heritage of age old traditional systems more pertinently in terms of indigenous knowledge, beliefs, customs and social system. Traditional representative body of the society known as 'Korku Panchayat' is found in many villages. Headed by a chief known as *Patel*, other members in the Panchayat include *Padihar* (priest), *Kotwar* (Chaukidar) and ten to twelve older male members of the community known as Panch. It plays a decisive role during traditional occasions mainly in festivals, marriages and intra- and inter-village conflict resolutions.

Known for poverty, hunger, malnutrition, mass-scale exploitation by moneylenders and traders, the community confronts numerous socio-economic challenges in the day-to-day life partly due to the poor natural resource bases. Agriculture though the primary source of livelihoods for most of the community members, many of them earn their livelihoods seasonally employed as agricultural laborers.

The children of the Korku tribes attend Government schools and the management responsible for these schools expressed interest in teaching the ASHA Foundation Life Skills program to the children of these schools.

In December 2019, 79 teachers representing 79 schools from Chikaldhara attended the workshop Conducted by ASHA Foundation.

Teachers training workshops conducted in the year 2019-2020 are as follows:

No	Date	Topic	Name	Venue	No. of institutions	No. of Teachers
1	18-07-19 20-07-19	63rd Teachers Training workshop	Bangalore Teachers Training workshop	ASHA Foundation premises	12	18
2	22-08-19 24-08-19	64th Teachers Training workshop.	Akola Teachers Training workshop	Prabhat kids, Washim Akola Road, Maharastra	41	83
3	27,28 & 30 Dec 19	65th Teachers Training workshop	Chikaldhara Teachers Training workshop	Hotel Dev Guru, Chikhaldara MH SH 203, Chikhaldara, Maharashtra 444807	79	79
Total no. of institutions represented and total no of teachers trained					**132**	**180**

II. Details of Schools, Colleges and Other Institutions doing the program in the year 2019 – 2020

'Other institutions' refers to institutions that care for children who are out of school.

Sl. No.	Region	Total Schools	Total Colleges	Total Other Institutions	Total 2019 - 2020
1	Andhra Pradesh			6	6
2	Karnataka	37	5	2	44
3	Tamilnadu			5	5
4	Kerala			1	1
5	Mumbai	114	3	-	117
6	Pune	156	5	-	161
7	Vidarbha	212	0	-	212
	Total				**546**

Total Numbers in the Adolescent Health Education Project 2019-2020

	2017 - 2018	2018 - 2019	2019-2020
Teachers Training Workshops	3	3	**3**
Teachers trained	210	202	**180**
Schools/ Institutions sending teachers for training	Kar 1 Mumbai 44 Pune 21 **Total 66**	Mumbai 32 Amravati 99 **Total 133**	Karnataka 18 Akola 41 Chikhaldara 79 **Total 138**
Students doing the program	A & Nicobar 249 Kar 14994 Mum 7159 Pune 3464 Nagpur 60 T. nadu 174 **Total 46,100** (Only in the current year. This number cannot be totaled since the number who join the program and those who leave the program changes according to the class the student is in.)	Andhra 250 Kar 11252 Mum 8722 Pune 22833 Vidarbha 5042 T, Nadu 175 **Total 48,274** (Only in the current year. This number cannot be totaled since the number who join the program and those who leave the program changes according to the class the student is in.)	Andra 415 Tamil Nadu 402 Kerela 60 Karnataka 9441 Pune 23702 Mumbai 9683 Vidharbha 11098 **Total 54,801** (Only in the current year. This number cannot be totaled since the number who join the program and those who leave the program changes according to the class the student is in.)

Refer Annexures I for details of schools and institutions doing the program.
Refer Annexure 11 for feedback from teachers, students and parents on AHE

Children at Risk Project

Targets for the year:

1. To provide educational support to at least a hundred HIV infected and affected children.
2. To continue ART support and support for investigations for the socially disadvantaged HIV infected children , women and men
3. To conduct 12 SHG meetings for our HIV infected and affected women per year.

The components of the children at risk project are:-

1. Medical, nutritional and educational support for children.
2. HIV/AIDS outpatients' clinic three times a week.
3. Empowerment of women through SHGs

Sl.no	Particulars -2019-2020	Reached
1	**Education**	
a	Number of children who received educational support	89
b	ELE (pre- school) (Boys 02 , Girls 04)	06
c	PE (Primary Education) (Boys 14 , Girls 18)	32
d	SE (Secondary Education)(Boys 08 , Girls 11)	19
e	IC (Intellectually Challenged)	-
f	HE (Higher Education)- pre university, college, vocational training, professional courses etc. (Boys 21 , Girls 11)	32
	Total	**89**
2	**HIV/AIDS Clinic**	
a	Number of persons tested for HIV infection	63
b	Positive reported	16
c	Adults reported positive	14
d	Children reported positive	02
e	Number of new patients registered	19
f	Number of clinic days	144
g	Number of adult patient visits to clinic	1608
h	Number of children patients visits to clinic	321
i	Total Number of patients visit to clinic	1929
j	General Investigations for children	29
k	CD4 Investigations for Children	69

l	TB treatment for Children	-
m	OI infections treated for Children	267
n	Children on ART	50
o	Children on 1st Regimen	41
p	Children on 2nd Regimen	06
q	Children on 3rd Regimen	03
r	Number of Children Hospitalized	01
s	Number of Children Referred	01
t	Adults on ART	243
u	General Investigation for adults	88
v	CD4 investigation for adults	91
w	OI infections treated for adults	644
x	PLHA TB treatment for Adults	-
y	Number of children attended Camp Rainbow	07
3	**Socio Economic**	
a	Number of SHGs Existing	06
b	Number of SHG members	117
c	Number of children supported for Nutrition	11
d	Number of Nutritional Poustic (Sanskrit word that means nutritious) plus distributed	64
e	Dry ration support for Poor Families	36
f	SHG Internal Loans issued	09
g	SHG Monthly topics	11
	1. Primary and Higher Education support 2. Information on Government schemes (Anthodaya Anna YojanaScheme, Right to Education, Higher Education and Scholarship, Dhanashree Yojane, Manasvi Yojane) 3. Documentation about SHG Meeting minutes. 4. Information about Pradhana mantri UjwalYojana and Health Card. 5.Information about Viral load testing related to HIV 6.Adherence about ART medicines 7. Importance of Periodic papsmear testing. 8. Assessment for WIPRO primary and Higher education children. 9. Sharing of Annual Report of ASHA Foundation-2018-2019. 10. Information about 1st, 2nd and 3rd Regimen of ART medicines. 11. Information about ASHA Carnival	
h	BHAF Meetings attended	07
i	Referred to Government Scheme called UNNATI (Means Progress) for Free Training and employment for under privileged youth	01
j	Referred to the HIV Positive Marriage Bureau to Karnataka Network for Positive (KNP+)	01

4	**Celebrations and Events**	Planned for a carnival in the month of March 2020 but was cancelled due to COVID 19-
		-
		-
		-
		-

The KNH-CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

The following activities were undertaken:-

To improve the educational status of children infected and affected by HIV/AIDS:

As the part of the educational support, during the period, 89 children were supported for their education. Details as follows:

ELC (Early Learning Centre) Lkg and Ukg	06 (04 Girls and 02 Boys)
PE (Primary Education) 1st std to 7th Std	32 (18 Girls and 14 Boys)
SE (Secondary Education) 8th std to 10th std	19 (11 Girls and 08 Boys)
HE (Higher Education) 1st PUC to Degree	32 (11 Girls and 21 Boys)
Total	**89 (44 Girls and 45 Boys)**

To improve the health status of the children infected and affected by HIV/AIDS and their families:

HIV Testing

During the period, totally 63 HIV tests have been done including testing on 29 children. Out of this 16 have been reported positive, of which 9 adults were male, 5 adults were female, and 2 were children of which one was a female and one was a male child.

HIV/AIDS Clinic

Children:

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Mondays, Wednesdays & Fridays afternoon from 1.30 pm to 5.00 pm. Totally the clinic operates for 144 days. The medical team consists of Physician, Pediatrician, Counselors, Nurse, Project Coordinator, Medical Social worker and clinic support staff. Free Medical care and consultation is provided for all the HIV Positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections, counseling services, socio-economic assessment and free or subsidized Antiretroviral Treatment (ART)

Presently 50 children are receiving ART treatment out of which 41 are on the first Regimen, 6 are on the 2nd Regimen and 3 are on the 3rd Regimen and remaining 9 children are to be started on ART. All these children have increased CD4 Counts and their quality of life is good.

Two children have been started on ART during the period. Totally 321 children visits occurred to the clinic. 69 times children received CD4 investigation support and 29 times children have received support for various investigations like CBC, ESR, Hemoglobin, Differential count and Blood Picture, S. Creatinine and Culture SGOT and SGPT, HbsAg, HCV, Liver Function test.

Adults

Totally 243 adult patients are on ART. Ninety-one patients have undergone CD4 test and 23 patients have been started on ART during the period. Forty-six patients received other investigations.

To improve the Socio economic status of the children and their parents infected or affected by HIV/AIDS

Self Help Groups:

Six Existing Self help Groups (117 members) are there which have been formed under the guidance of ASHA Foundation with an average of 18 to 24 members in each group. Regular meetings are being held every month and minutes are maintained. The six groups are: Shrishti, Trupti, Preethi, Prakruthi, Nisarga and Nesara. Nine beneficiaries have utilized the loan facility during the period, totally 160 times beneficiaries have taken loans amounting to Rs 6, 88, 000 (Six Lakhs Eighty eight thousand only). Out of this amount, 120 loans were cleared and Rs

98,740.00 (Ninety eight thousand seven hundred and forty only) is the outstanding loan amount still being paid by 40 beneficiaries. They have been part of the group for the last eight years. They meet on the third Sundays of every month**.**

SHG Topics covered during the period as follows:

- Primary and Higher Education support
- Information on Government schemes (Anthodaya Anna Yojana Scheme, Right to Education, Higher Education and Scholarship, Dhanashree Yojane, Manasvi Yojane)
- Documentation about SHG Meeting minutes.
- Information about Pradhana Mantri Ujwal Yojana and Health Card.
- Information about Viral load testing related to HIV
- Adherence about ART medicines
- Importance of periodic papsmear testing.
- Assessment for WIPRO primary and higher education children.
- Sharing of Annual Report of ASHA Foundation-2018-2019.
- Information about 1st, 2nd and 3rd Regimen of ART medicines.
- Information about ASHA Carnival

SHG meeting was not conducted in the month of March-2020 due to COVID-19.

Dry Ration Support:-

Thirty six HIV positive families with children were supported with dry rations. Each package of dry rations consists of 6 kgs rice, 1 kg Atta, half a kg green gram, 1 kg oil and half a kg dhal.

Case study -1

Kritika (name changed) is just three and a half years old. She was diagnosed HIV positive in our organization for the first time about a year ago. Her story is rather sad. Her mother had lost her first husband about twelve years ago from HIV Infection. Somehow the mother was not tested at the time of her husbands death. At that time she already had a daughter from her first marriage who was five years old. Five years after losing her first husband, she got married to another man and soon became pregnant. The HIV test was done in a small nursing home and reported as negative. The mother went through the pregnancy and delivered a girl baby who was healthy. Two years later she became pregnant with a third child and during this pregnancy she was tested for HIV as usual but was found to be

positive. She was referred to ASHA Foundation and multiple HIV tests confirmed the diagnosis. As is the routine we tested the husband and he was negative. We tested the first child from the first husband and she was negative. We then tested the first child from the second husband and this child was HIV positive. We confirmed the diagnosis and her viral load of HIV was also high at 2,28,000 copies/ml. The father was heartbroken and we had to explain to him that the HIV test done on her mother during that pregnancy was a false negative test. The mother now pregnant with the third child was started on ART -she completed the pregnancy and delivered a healthy male child who is now 10 months old and HIV negative. Krutika was started on ART and she tolerated the medication well and is on her sixth month of treatment . She is doing well. The tragedy is that her mother was tested in a small nursing home where the test was reported negative and Kruthika was born HIV positive as a result of that. This could have been easily prevented through a repeat test and putting the mother on ART at that time. This case is being presented to show that a improperly conducted HIV test resulted in the birth of a HIV positive child. We hope that with ART this child will continue to do well and be able to lead a normal healthy life.

Case Study -2

Bharathi is a 48 yrs old widow. She first came to ASHA Foundation more than twenty years ago along with her husband who was very sick. At that time ART was not available. He was referred to a bigger hospital for admission and he died there. Bharathi continued to visit ASHA Foundation regularly for follow up. At that time her CD4 counts were normal and as per the guidelines then, she was not put on ART. She had one child a girl, who was 5 years old at the time and HIV negative. When Bharathi's CD4 count was low she was started on free ART at ASHA Foundation. She also received dry ration support and educational support for her daughter. Today her daughter is 25 years old, and has completed her masters in Computer Applications. She is working in IBM. She receives a salary of Rs.24,000 per month. Bharathi is also maintaining good health on ART and she is on regular follow up with us. This case is being presented to show the long term commitment of ASHA Foundation towards the patients and a HIV affected child of five years who is now 25 years old, and working and helping her family economically.

Advocacy and Network meetings attended:

Sl.no	Date	Topic	Name	Venue	No of days	Conducted by
1.	03.5.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
2.	21.5.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
3.	24.5.2019	GAWA Observing program	Shruthi and Shivamma	Desire Society JP Nagar Bangalore	½	Bangalore HIVAIDS Forum
4.	19.7.2019	Bangalore HIVAIDS Forum monthly meeting	Shruthi	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
5.	20.9.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
6.	25.10.2019	Bangalore HIVAIDS Forum monthly meeting	Shruthi	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
7.	17.1.2020	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum

Trainings Attended:

Sl. No.	Date	Topic	Resource Persons	Venue	Attended
1.	28.11.2019 To 29.11.2019	Child Protection policy – Module -3	KNH India	Hotel Vestin Chennai	Mr.Ramu Ms.Silvia

Visitors to the Organization:

Sl.no	Date	Visitor Name	From	Purpose	Days
1.	12.8.2019 & 14.8.2019	Dr.Saravanan	Credibility Alliance India	For evaluation for desirables norms accredidation	2 days
2.	23.8.2019	Tejeswi	Wipro Consultant	Monitoring visit for the education of children	½ day
3.	24.9.2019	Pramila Dzouza	Advocate	For possible collaboration with ASHA Foundation	½ day

4. The KNH-PMTCT Project-Prevention of Mother to child Transmission of HIV Project

The Indian government is committed to eliminating new HIV infections among children. The country's Prevention of Parent to Child Transmission of HIV/AIDS (PPTCT) program started in 2002. As of 2017 almost 30,000 sites were offering PPTCT services. Based on 2013 WHO Guidelines, the program initiates lifelong antiretroviral treatment for all pregnant and breastfeeding women living with HIV regardless of CD4 count or stage of HIV infection.

The NACO Technical Estimate Report (2015) estimated that out of 29 million annual pregnancies in India, 28,000 occur in HIV positive pregnant women. In the absence of any intervention, an estimated (2015) cohort of 8,400 infected babies will be born annually. The PPTCT program aims to prevent the perinatal transmission of HIV from an HIV infected pregnant mother to her newborn baby. The program entails counseling and testing of pregnant women in the ICTCs.

With effect from 1st January 2014, pregnant women who are found to be HIV positive are initiated on lifelong ART irrespective of CD4 count and WHO clinical Staging; their newborn (HIV exposed) babies are initiated on 6 weeks of Syrup Nevirapine immediately after birth so as to prevent transmission of HIV from mother to child and is extended to 12 weeks of Syrup Nevirapine if the duration of the ART of mother is less than 24 weeks.

The HIV exposed baby is initiated on Cotrimoxazole prophylaxis at 6 weeks and is tested for HIV DNA PCR at 6 weeks by DBS (Dry Blood Spot) collection. If the DBS sample is positive for HIV DNA PCR, then a repeat DBS sample is tested for HIV DNA PCR. The HIV exposed baby is then initiated on lifelong ART at the earliest if confirmed HIV positive through 2 DNA PCR test.

Fifteen countries around the world have received validation from WHO for elimination of Mother to Child Transmission of HIV (E-PMTCT). India is not one of them. Much effort is going on by the stake holders to make India also validated for EPMTCT. In India out of the total 29.7 million women who get pregnant every year, about 23,000 mothers are estimated to be HIV positive. Of these about 60 % are on ART. The PMTCT coverage about 70%. It is important that all stake holders make maximum effort to eliminate MTCT from India over the next few years.

Organizations like ASHA Foundation continue to promote PMTCT and identify HIV positive pregnant mothers for treatment.

The PMTCT program has had a good impact in that over the last three years we have not had a single newborn child that has been HIV positive in all the newborns tested so far.

Goal: **Elimination of new HIV infection among children**

Objectives:

Overall project objective

- To contribute to the WHO Global Goal of elimination of mother to child transmission of HIV (E-MTCT)

Sub- objective- 1

- To decrease the incidence of HIV infection in children born to HIV positive mothers from 45% to less than 5% in our project

Sub- objective-2

- To prolong the quality and quantity of life of the HIV positive pregnant mother so that she can take care of her infant and provide the child with a normal childhood as his right.

The target groups to whom the services are provided are:

1. All pregnant women attending antenatal clinic's in our partner hospitals for routine HIV testing
2. All pregnant women screened at other centers, accessed by outreach worker where PMTCT services are not available.
3. All indentified HIV positive pregnant women in above two groups
4. Infants born to HIV infected, by providing infant ARV prophylaxis, counseling on infant feeding practices, infant testing, immunization and co-trimaxozole prophylaxis.
5. Spouses of all HIV positive pregnant women

The Essential PPTCT Services includes:

1. Routine offer of HIV counseling and testing to all pregnant women attending antenatal clinic in our partner hospitals
2. Ensure involvement of spouse & other family members
3. Provision of lifelong ART (TDF +3TC + EFV) to all pregnant and breastfeeding HIV infected women regardless of CD4 count and clinical stage
4. Promote institutional deliveries of all HIV infected pregnant women
5. Provision of care for associated conditions (STI/ RTI, TB & other Opportunistic Infections -OIs)
1. Provide nutrition counselling and psychosocial support to HIV-infected pregnant women
2. Provide counselling and support for initiation of exclusive breastfeeds within an hour of delivery as the preferred option; continue BF at least for one year for those infants with negative HIV status (Early Infant Diagnosis Protocol) and 2 years for HIV positive children Provide ARV prophylaxis to infants from birth upto minimum 6 weeks
7. Integrate follow-up of HIV-exposed infants into routine healthcare services including immunization
8. Ensure initiation of Co-trimoxazole Prophylactic Therapy (CPT) and Early Infant Diagnosis (EID) using HIV-DNA PCR at 6 weeks of age onwards as per the NACO EID guidelines

Targets and activities for April 2019-March 2020

- To provide counseling and HIV testing to at least 10,000 Pregnant mothers per year.
- To provide PMTCT services to at least 40 HIV positive pregnant mothers per year.
- To provide treatment, follow up and testing to 40 newborns.
- To decrease the risk of transmission from 30% to < 5% in our cohort.
- To conduct trainings for nurse counsellors and doctors
- Site Visits.
- Maintenance of records and data entry

Activities based on Specific objectives

Specific Objective-1:

To decrease the incidence of HIV infection in children born to HIV positive mothers from 45% to less than 5% in our project

Activities-1 :

Consent and testing pregnant mothers for HIV infection

Output 1:

Nine thousand four hundred and sixty four pregnant women were tested for HIV infection this year(Target 10000) after consent

Use of Output Activities 1

Nine thousand four hundred and sixty four pregnant women realised importance of HIV testing and performed the HIV antibody test

Activities-2

Identifying and treating HIV positive pregnant mothers with ART during pregnancy/delivery/breast feeding periods

Output 2

Forty HIV pregnant mothers were identified as HIV positive this year(Target for this year 40)

Use of Output Activities 2

- Forty HIV positive women became knowledgable and have undergone PMTCT services and thereby
- Became knowledgable on HIV infection
- Became adherent to ART through out the pregnancy,delivery,breastfeeding and lifelong
- Became knowledgable on exclusive breast feeding for 6 months and complementary feeding to be added at 6 months
- Understood that Neviripine syrup has to be given to baby for 6 weeks to prevent post delivery transmission of HIV
- Under stood that HIV testing to baby has to be done at 6 weeks,interim period and at 15-18 months

Activities-3

Starting /continuing them on ART

Output 3

Out of 40 pregnant women 18 women started ART during pregnancy and 22 women were already on ART when they became pregnant.

Use of Output Activities 3

Forty pregnant women understood the importance of taking ART during pregnancy,post pregancy and lifelong

Activities-4

Monitoring thedelivery process

Output 4

- Thirty nine HIV positive pregnant women delivered in hospitals during 2019-2020
- Of this 25 women were diagnosed in 2019- 2020,14 women diagnosed in 2018-2019 but delivered in this year. Thirty two women had caeserian section and seven had normal vaginal delivery

Use of Output Activities 4

Thirty nine women understood the importance of delivery in hospital settings because they were HIV postive and completed delivery in hospital.

Activities-5

HIV testing at periodic intervals in our newborn babies born to HIV positives mothers

Output 5

- Thirtyeight new born babies were born this year to HIV positive mothers in 2019-2020
- One baby still birth.
- Thirty seven babies had 6weeks PCR in this year
- Out of 38 new born babies born this year 32 tested HIV negative
- Remaining 6 babies 5 babies still not reached the age of 6 weeks(born in March 2019)
- One baby lost to followup
- 37 babies are under follow up .
- 30 babies were due for final test,26 babies completed final test and all were HIV negative.Of the remaining 4 ,1 lost to followup and 3 are still due.

Use of Output Activities 5

- Thirty eight mothers understood the importance of HIV testing in babies and followup regularly to do the HIV testing in babies at 6 weeks.
- There has 97.4% followup for 6 weeks PCR.
- There was 97% folloup for final HIV test and all were HIV neg.
- The incidence of HIV infection in newborns born to HIV positive mothers was reduced from 45% to 0%in this financial year in all those who were tested.

Specific Objective-2

To prolong the quality and quantity of life of the HIV positive pregnant mother so that she can take care of her infant and provide the child with a normal childhood as his right.

Activity: 1.

Counseling to pregnant mothers on importance of taking ART lifelong,even after delivery

Output:1.

Forty HIV postive pregnant women identified and received counseling

Use of output

Forty HIV positive women understood the importance of taking ART lifelong and are doing so

Activity-2.

Ensure that the mothers continue their ART at the primary/referred hospital or ART centre private or govt.

Output:2-

- Out of 30 mothers who needed to be regular followup after final testing of their babies 29 mothers are continueing their ART at ASHA Foundation ,Bangalore Baptist hospital,Govt ART centres.
- There is 97% followup of mothers after final testing of the babies

Use of output

HIV postive pregnant mothers understood the importance of lifelong ART and regular followup and are doing so.

The table below gives the year's and cumulative statistics.

Particulars	KNH PMTCT April'19-March'20	ASHA PMTCT Cumulative Jan '03 – Mar2020
Total no. of deliveries	8,765	1,99,281
Total no. of ANC women registered	9,544	1,89,877
Total no. of women counseled	6,696	1,92,721
Total no. of women tested	9,464	2,05,027
Total no. of antenatal women identified HIV positive	40	1,012
No. of liveborns	38	846
Total no. of women awaiting delivery	12	12
Eligible women treated	40	817
No. of babies treated	38	825
PCRs or ELISAs done	37	709
Positive PCR	0	13
Negative PCR/ELISA	37	695
Babies had final 3 antibody test under EBF at 15 months	27	115
Babies had final 3 antibody test under ERF at 15 months	2	10
Transmission rate		1.85%

Awareness among health care providers was increased among the hospitals as follows:

People Sensitised	By Trained Doctors/Counsellors in their Hospitals April19-March20	Cumulative Total
Doctors	13	317
Staff Nurses	62	2872
Nursing Students	6	4608
Ward Aides		1552
Para medicals and Community Workers	25	566
Community	90	10136
Total	**196**	**20051**

Our outreach worker visited 41 new institutions (Maternity homes, Clinics etc) and 403 old institutions including Govt centers during this financial year to inform about ASHA foundations PMTCT programs and identify HIV positive pregnant women.

The hospitals that have sustained the project on their own and are receiving only technological help, with financial support as needed for the care of HIV positive identified in their hospitals, IEC material and training of counselors are:

1. St Joseph's General Hospital, Guntur.
2. Women's Hospital, Ambajipeta.
3. The Bangalore Baptist Hospital, Karnataka
4. Church of South India Hospital,Bangalore,Karnataka
5. Seventh Day Adventist Hospital, Bangalore Karnataka
6. Rural Health Training Centre, Kazhakuttom.
7. GnanaduraiHospital,Sivakasi,Tamil Nadu

Project staff's representations of target group's network

Sl.no	Date	Topic	Name	Venue	No of days	Conducted by
1.	03.5.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
2.	21.52019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
3.	24.5.2019	GAWA Observing program	Shruthi and Shivamma	Desire Society JP Nagar Bangalore	½	Bangalore HIVAIDS Forum
4	20.9.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
5	17.1.2020	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum

Case study -1

Nirmala (Name changed) had been married for five years and then lost her husband to HIV infection. She was not tested . She also had a five year old daughter at the time. About five years later she met a man at a marriage function and the man expressed a desire to marry her, knowing that she was a young widow with a child. She agreed and they got married. Shortly thereafter she got pregnant and a HIV test done elsewhere during this pregnancy was negative. A healthy girl child was born from this pregnancy in another hospital. Two years later she became pregnant with her third child . At this time, her HIV test was done during her pregnancy elsewhere and the report came as HIV positive. She and her husband came to ASHA Foundation. Wife was

confirmed HIV positive. Husband was HIV negative. Her daughter from her first marriage also tested HIV negative.

But the second child who was two and half years old now surprisingly tested HIV positive. This was further confirmed by three tests. The mother was treated during this pregnancy with ART and delivered a live healthy boy whose 6 weeks and 6 month HIV test is negative. The child is now one year old and due for 1 year test. The two and half year old girl had a HIV viral load of 2,28,000 copies/ml. She is also on ART and doing well. This case is being presented to show that the HIV test done in some other non standardized lab at a hospital showed a false negative during the mothers second pregnancy and as a result of which the baby was born HIV positive and this could have been easily prevented. It was a very unfortunate incident.

Case study-2

Susheela, (name changed) is 37 years old and HIV positive. She came with her fifth pregnancy. Her husband is HIV negative. The first and third pregnancies were aborted. The second pregnancy resulted in the birth of a girl baby who is 12 years old and HIV positive too. The fourth pregnancy resulted in the birth of a boy who is HIV negative and two years old. She was on ART for that pregnancy and continued the same and became pregnant with the fifth child when she came to us. We found that she was not regular with her ART and counseled her on 100% adherence. Her viral load fell from 7162 copies, to 2960 to 1290 copies done three times during her pregnancy. We tried changing her ART to other drugs near her due date but she could not tolerate the new medication, so we reverted to the old medication. Ten months ago she was delivered by Caesarian section and had a healthy baby girl who is now 10 months old and HIV negative. This case is being presented to show that in spite of being HIV positive she became pregnant five times, she also was on the older side (37 years), had high blood pressure , and had a detectable viral load which worried us. She was huge challenge but the outcome was successful in that she had a negative baby and also underwent tubal ligation. Today this baby is HIV negative at one year and doing well. Susheela's viral load has been going up again and the resistance testing showed that she is resistant to all the first line group of drugs and the ART medication had now been changed.

5. Camp Rainbow:

Introduction on Camp Rainbow:

Camp Rainbow is a psychosocial program to provide opportunities for children living with HIV and other serious illnesses to participate in HIV education, traditional camp activities through the vehicle of residential and day camps. It aims at enhancing campers' adherence to treatment and medication, to improve their quality of life with the focus on primarily providing children with serious fun! We also ensure that they increase social peer relationships. Overall, it reduces stigma and discrimination within the community as we invite youth to participate in this structured program as camp staff.

The program is called Camp 'RAINBOW' because Rainbow has colors and children love colors. Also in many civilizations 'RAINBOW' is a symbol of hope. Similarly through our Camp program we would like bring in a sense of hope and better future in the lives of the children living with HIV.

These structured psychosocial programs are in collaboration with the SeriousFun Children's Network, USA, started by actor Paul Newman. The SeriousFun Children's Network evolved from their year round camps in US and Europe to a Global Partnership Program serving children in Africa, Asia and South America.

Preliminary findings from other GPP sites in Ethiopia and Vietnam indicate that camp may have an effect among children on HIV knowledge, antiretroviral treatment adherence and attitudes, coping with stigma, resilience, and most prominently, social relatedness, as children who may lead isolated lives and face discrimination can play and interact in a safe environment with HIV positive peers and compassionate adult counselors/care providers. The increasing feedback from Camp Rainbow campers and their caregivers has enhanced the commitment to increase the reach of Camp Rainbow to more children living with HIV and those with other serious illnesses in other parts of India through the strategic partnership with SeriousFun called the India Partnerships Initiative (IPI).

2019 was the sixth year of Camp Rainbow Bangalore. In the past 6 years, 488 children have been served through Residential camps. About 1205 children, 413 caregivers have

been served through outreach program that includes follow-ups and re-union program. Also 113 young adolescents have been part of the older adolescent program so far. Children from various institutions like ASHA Foundation- Bangalore, Freedom Foundation-Bangalore, Sneha Care Home-Bangalore, ACCEPT Care home-Bangalore, Snehalaya Children's home-Mandya, Amma Mane-Mysore and from different Positive Networks like KNP+/ANP+-Bangalore, Anandajyothi Network- Mysore, , Adarshajeevana Network-Mandya, Ramnagar Network, Navajeevana trust-Kolar, Chirajeevana Network-Tumkur, Chikballapur Network, have participated in camp.

The volunteers participated in camp have also been from different colleges in Bangalore like St.Joseph's College, Christ University, South Asian bible College and Mount Carmel College. However the majority of the volunteers have been from St.Joseph's College and Mount Carmel College. So far about 193 volunteers have been trained through residential camps and 544 trained camp staff, 112volunteers have participated in the different camp program like follow-ups and Re-unions. We have also been getting medical staff for the program from Bangalore Baptist hospital. In the year 2019, 92 children and 35 volunteers participated in the Residential camp program.

The Camp planning for the year 2019 started from January wherein the leadership team coordinates with different Positive networks for campers. The team then gives orientation for caregivers about the program, an application form is filled, and a consent taken from caregiver, followed by medical screening for children. The criteria for children to attend camp are:-Should be aware of HIV status, CD4 count should be above 250cells. Once the screening is done the caregiver would be told if he/she is selected for camp or not.

The volunteers also follow a similar process. Presentations are given at different colleges. Interested participants sign-up and are called for an interview at ASHA Foundation. Following interviews referral checks are done after which the confirmation of participation is given to the volunteers. The criteria for volunteers to be a part of camp are: Aged-19yrs and above, should be able to communicate in local language Kannada and willingness to give 3 weeks of their time.

Camp provides opportunities for children to develop new skills, make new friends and also increase their confidence level. At camp, various activities like Arts & Crafts, Team-

building, Nature & Discovery, Life-skills and Performing Arts. Another very important aspect of the camp is providing the children with knowledge on HIV, ART medicines and also providing a space for them to ask any questions relating to their medications or any question relating to living with HIV.

Other than residential Camps, Camp Rainbow also has Outreach program. Outreach program includes Follow-ups 2 rounds of follow-ups. In a year there will be 2 rounds of follow-ups which are usually one day program. The whole purpose of Follow-up is to continue giving opportunity for children to learn new skills.

Camp Rainbow also caters to young adults living with HIV, in the age group of 18years and 23years, through 'Leaders' in training' (LIT) program. Camp Rainbow Bangalore started LIT program in the year 2015. This is the 5thyear LIT program is being conducted. The main purpose of LIT program is to give older adolescents the opportunity to develop leadership skills, learn new skills that are useful for them like Time-management, Problem-solving, Decision-making, Peer Pressure, Sexual and reproductive health etc. and also increase their knowledge on positive living. LIT program is conducted twice in a year. So far 113 young adults have participated in this program

Feedback:

'I learnt many things from camp and with each and everyone in camp. If I can tell specifically it would be time management, supporting others and how to be myself and professional'- **Volunteer**

'I am happy to go to Camp and I learnt so many things that I liked. Most important thing is learnt to take care of ourselves, do not depend on anyone and to take tablets compulsorily. Then I loved to take care of myself and I liked in the camp, taking tablets and making new friends. From the akkas and annas I learnt to take care of myself, taking good food everyday and timely tablets'**- Camper**

'Camp Rainbow is very special. I have learnt a lot specially time-management and special teachings on HIV'**-LIT**

Camp Indicators	Goal	Notes
# of camp sessions	2 sessions	Conducted 2 residential camp sessions for CLHIV
# campers served (not including L.I.T.s)	100 nos	Served 92 children through 2 sessions of residential Camp
# of staff/volunteers	35	Trained 35 staff for Camp
# of training days for staff/volunteers	4.5	Conducted 4.5 day residential training programme for staff

Camp Indicators	Goal	Notes
# of Residential LIT sessions	1	Conducted 1 residential LIT programme for the older adolescents
# L.I.T.s served	15	Served 12 young adults through the residential LIT programme

Outreach Indicators	Goal	Notes
# total outreach sessions	2 rounds of follow-ups, 1 non-residential	Completed 2 rounds of follow-ups with 15 sessions, 1 Residential LIT and. It also includes1 day camp other than follow-up at Sneha Care home Sarjapur road
# children served (not including LITs)	200(100X2)	518nos. It includes 224campers and 294 non-campers
# L.I.T.s served (Non-Residential LIT)	14	14nos. For the non-residential LIT programme 14 students participated
# L.I.T.s served through Residential LIT programme	12	12nos. About 12 LITs participants were present for the programme
# of staff/volunteers	35 staff	67 camp staff served during the different outreach programmes

CAMP RAINBOW – TOTAL SESSIONS AND NO.OF PEOPLE SERVED FROM THE YEAR 2014- December 31st 2019

Year		2014	2015	2016	2017	2018	2019	Total
Residential Camps	Total camp sessions	2	2	2	3	2	2	**13**
	Total volunteers /Camp staff trained	19	31	28	48	32	35	**193**
	Total children participated in Residential camp programme	57	85	65	120	69	92	**488**
Outreach Programmes (Follow-ups/CBP day camps and Re-unions)	Total no. of sessions	3	5	8	13	15	17	**61**
	No. of campers participated in outreach	65	171	218	328	199	224	**1205**
	No. of non-campers participated in outreach	4	42	91	99	112	294	**642**
	No. of caregivers participated in outreach	30	70	83	75	57	69	**384**
	No. of trained staff/LT participated in outreach	44	102	130	90	99	67	**544**
	No. of volunteers participated in outreach	10	24	29	38	11	0	**112**
LIT(Leaders' in Training Programme)	Total no. of sessions	0	2	2	2	2	2	**10**
	No. of adolescents participated in LIT	0	20	21	16	30	26	**113**
	No. of trained staff /LT participated in LIT	0	8	14	11	12	12	**57**
Capacity building programme	Total no. of sessions	1	0	0	1	1	1	**4**
	No. of organization staff/participants	19	0	0	15	16	32	**82**
	No. of trained staff /LT participated	5	0	0	6	4	4	**19**

Camp Rainbow Residential Camp 2019: *LT = Leadership Team					
Sl. No	**Date/Day**	**Programme**	**Conducted/Organized by**	**Venue**	**No. Of People**
1	17th April 2019, Wednesday	Staff Orientation session	Camp Rainbow Bangalore	ASHA Foundation	36
2	26th April -May 1st,Friday-Tuesday	Staff training	Camp Rainbow Bangalore	SAIACS CEO CENTRE, Bangalore	42
3	May 3rd - May 8th , Friday-Tuesday	Camp session 1	Camp Rainbow Bangalore	SAIACS CEO CENTRE, Bangalore	84
4	May 11th - May 16th , Saturday - Thursday	Camp session 2	Camp Rainbow Bangalore	SAIACS CEO CENTRE, Bangalore	91

Camp Rainbow Outreach Programs 2019					
Sl. No	**Date/Day**	**Duration**	**Conducted/Organized by**	**Venue**	**No. Of People**
1	June 1st, Saturday	Day Camp Programme at Sneha Care Home	Camp Rainbow Bangalore	Sneha Care Home, Sarjapur Road	63
2	June 30th , Sunday	Follow-up programme at Dayabhavan, Kunigal	Camp Rainbow Bangalore	Dayabhavan, Kunigal	73
3	July 7th, Saturday	Non-residential LIT programme	Camp Rainbow Bangalore	Asha foundation, Bangalore	24
4	July 13th, Saturday	Follow-up programme at Chamrajanagar	Camp Rainbow Bangalore	Chamrajnagar Network	16

5	July 27th, Saturday	Follow-up programme at Infant Jesus Children's Home, Kothanur	Camp Rainbow Bangalore	Infant Jesus children's home, Bangalore	53
6	August 11th, Sunday	Follow-up programme at Asha Foundation	Camp Rainbow Bangalore	Asha foundation, Bangalore	21
7	August 17th, Saturday	Follow-up programme at Jeevanashraya Network, Hassan	Camp Rainbow Bangalore	Jeevanashraya Network, Hassan	20
8	August 22nd/23rd ,Thursday / Friday	Capacity building programme, 2019	Camp Rainbow Bangalore	Calvary Chapel, Children's home-Koppal	36
9	August 24th, Saturday	Day camp at Koppal	Camp Rainbow Bangalore	Calvary Chapel, Children's home-Koppal	147
10	September 14th,Saturday	Follow-up at SCH, Sarjapur Road	Camp Rainbow Bangalore	Sneha Care home, Sarjapur Road	35
11	September 28th and 29,Saturday/Sunday	Residential Leaders' in Training programme	Camp Rainbow Bangalore	Frontier management Centre	18
12	October 12th, Saturday	2nd follow-up at Infant Jesus Children's home	Camp Rainbow Bangalore	Infant Jesus children's home, Bangalore	65
13	October 19th, Saturday	2nd follow-up at Jeevanashraya Network, Hassan	Camp Rainbow Bangalore	Jeevanashraya Network, Hassan	15
14	October 26th, Saturday	Follow-up at ACCEPT Care Home, Bangalore	Camp Rainbow Bangalore	ACCEPT Care home, Bangalore	11
15	November 2, Saturday	2nd follow-up at FREEDOM FOUNDATION, Bangalore	Camp Rainbow Bangalore	Freedom Foundation, Bangalore	20

16	November 9, Saturday	2nd follow-up at Dayabhavan, Kunigal	Camp Rainbow Bangalore	Dayabhavan, Kunigal	53
17	Nov 16, Saturday	2nd follow-up at Anandajyothi Network, Mysore	Camp Rainbow Bangalore	Anandajyothi Network, Mysore	54
18	Dec 8th, Sunday	2nd follow-up at Asha foundation, BLR	Camp Rainbow Bangalore	Asha foundation, Bangalore	17
19	Dec 14th, Sunday	2nd follow-up at Sneha Care home, Bangalore	Camp Rainbow Bangalore	Sneha Care home, Sarjapur Road	42

Other Programs/ Activities attended by the CRB Leadership Team Members:					
Sl No.	**Duration**	**Activities/Programs**	**Organized By**	**Venue**	**LT Members attended**
1	20th -21st July 2019, Saturday-Sunday	Joint leadership team meet	Camp Rainbow Chennai, Camp Rainbow Bangalore	YRGCARE, Chennai	5
2	28th-29th Thursday-Friday	Child Protection Policy training-Module 3	KNH India	Chennai	1

Other Visits by CRB Leadership Team Members from April 1st 2019-March 31st 2020

Sl.No.	**Date**	**Visit To**	**Purpose**	**Members Visited**
1	3.4.2019	Saiacs CEO Centre	Pilot visit	LT-Silvia, Mercy, Driver-Ruben
2	4.4.2019	Anandajyothi Network	Caregiver session and Medical screening	LT-Silvia, Mercy, Dr.Glory, Sis.Rebekka
3	9.4.2019	Chirajeevana Network,Tumkur	Caregiver session and Medical screening	LT-Silvia, Mercy, Ronald, Dr.Glory, Sis.Rebekka,,
4	12.4.2019	Kolar Network	Caregiver session and Medical screening	LT-Silvia, Mercy, Ronald, Dr.Glory, Sis.Rebekka,

5	12.4.2019	Saiacs CEO Centre	Signing of MOU	LT-Silvia, Ronald, Mercy, Sis.Rebekkah
6	16.4.2019	Chikpet	Purchase of items	LT- Mercy, Ronald, Volunteers-Rachna
7	19.4.2019	Decathlon, Kothanur	Purchase of bags, bottles	LT- Ronald, Sam
8	18.1.2020	St.John's hospital, Hosur road	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekka
9	4.2.2020	Indira Gandhi Institute of Child Health, Jayanagar	CRB Orientation visit 1	LT-Silvia, Mercy
10	7.2.2020	St.John's hospital, Hosur road	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah, Dr.Glory
11	8.2.2020	Adarshajeevana Network, Mandya	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah, Dr.Glory
12	15.2.2020	IGICH	To meet Dr.Sanjeev - Nodal officer	LT-Silvia, Mercy
13	19.2.2020.	IGICH	Caregiver presentation	LT-Silvia, Mercy, Sis.Rebekkah, Dr.Glory
14	20.2.2020	Sneha Care home	Camper recruitment	LT-Silvia, Sis.Rebekkah, Mercy, Silvia
15	22.2.2020.	IGICH	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah, Dr..Rajkumar(Dayabhavan)
16	24.2.2020	St.Joseph's College	Volunteers Presentation	LT-Mercy,Silvia
17	26.2.2020.	IGICH	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah
18	28.2.2020.	Bandhavya Network, Chikmagalur	Camper Recruitment	LT-Mercy,Silvia, Sr.Rebekka, Dr.Sharmitha(Chikmagalur)
19	29.2.2020.	Chikballapur Network	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah, Dr.Saritha
20	6.3.2020	St.Joseph's College	Volunteers Presentation	LT-Mercy,Silvia
21	11.3.2020	IGICH	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah
22	14.3.2020	Snehasadan, Mangalore	Camper Recruitment	LT-Mercy,Silvia, Sr.Rebekka, Dr.Sharmitha(Chikmagalur)
23	18.3.2020	IGICH	Camper Recruitment	LT-Silvia, Mercy, Sis.Rebekkah

PHOTOGRAPHS

COUNSELING SERVICE PROJECT INCLUDING AIDS HELPLINE

Awareness Program conducted by ASHA Foundation for Anganwadi on 04.09.2019 at the above anganwadi center ,Chennahalli

Awareness Program conducted by Asha Foundation staff on 04.09.2019 for mothers in Aganwadi

ADOLESCENT HEALTH EDUCATION

“ANMOL ASHAYEIN”

Biju Sebastia, Pune Co-ordinator of ASHA Foundation, doing a session at Teachers' Training Workshop at Akola on 22-08-2019.

Circle Time session in Akola Teachers' Training workshop conducted by ASHA Foundation 22-08-2019

Group discussion Akola Teachers' Training Workshop conducted by ASHA Foundation on 22-08-2019

Teachers enjoying the session at Chickhaldara Teachers' Training workshop conducted by ASHA Foundation on 27-12-2019 to 30-12-2019.

Teachers doing activity at Teachers' Training Workshop at Chikhaldara from 27-12-2019 to 30-12-2019 by ASHA Foundation.

Chickhaldara tribal students at Practicum session

XI std students enjoying the Practicum session conducted by ASHA Foundation at Chikhaldhara

Tribal childen at Girijan Vidyalaya chikhaldara

Master trainers' second review meeting conducted at ASHA Foundation on 30-10-2019

Mrs.Joyce Davis ASHA Foundation Education Coordinator as Guest of Honor at St.Joseph's Arts and Science College on 09-07-2019

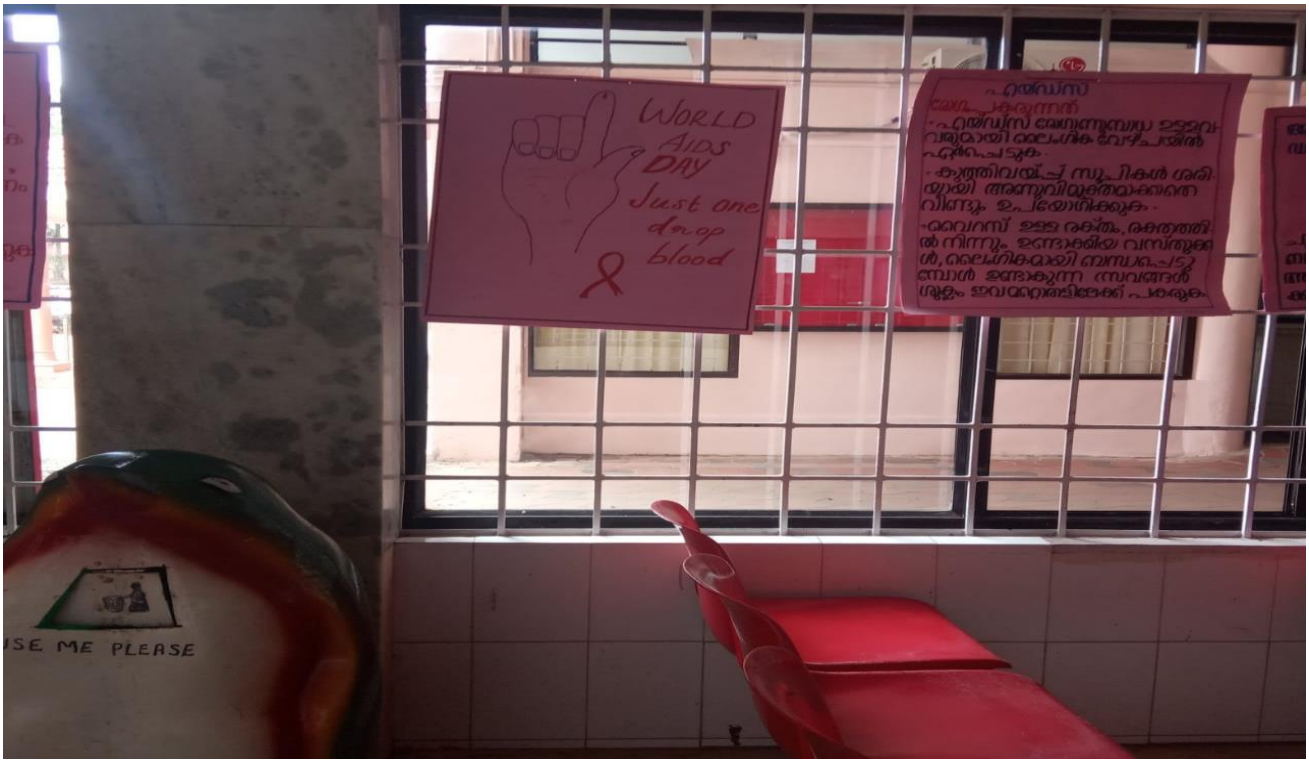
CHILDREN AT RISK PROJECT

Mr.Ramu and Ms.Silvia. ASHA Founation staff attending Child Protection Policy module 3 Training in Chennai 28.11.2019

Visit by Mr.Tejeswi from Wipro to ASHA Foundation on 23.08.2020

PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS

Mrs. Remya Alan Thomas ASHA Foundation PMTCT Program Office Giving HIV negative result (6 months) to parents



Poster display on the wall on 01-12-2019 World AIDS Day

CAMP RAINBOW

Camp Rainbow Project of ASHA Founation - 'Campfire' evening program at Residential camp conducted on 03-05-2019 to 08-05-2019

ASHA Foundation conducted Session for volunteers during Volunteer training from 26-04-2019 to 01-05-2019

Leaders in Training' programme at ASHA Foundation on 07-07- 2019

Follow-up programme at ASHA Foundation on 08-12-2019

Camp Rainbow Project of ASHA Foundation, Follow-up at Mysore on 16-09-2019

Camp Rainbow Project of ASHA Founation, Follow-up at Dayabhavan on 30-06-2019

Day camp programme at Sneha Care Home on 01-06-2019

Day camp at Koppal on 24-08-2019

Capacity building programme at Koppal, 22-08-19 to 23-08-2019

Campfire evening during Residential Camp 2019 from 03-05-2019 to 08-05-2019

MISCELLANEOUS

Dr.Glory Receiving mememto from Dr.Narendra Goel ,NACO at AIDSCON Chandigarh on 17.01.2020

With dignitaries on stage at AIDSCON Chandigarh on 17.01.2020.

Dr. Glory lighting the inaugural lamp with other dignitaries on stage at the National AIDS conference - ASICON in Chennai in November 2019

Presenting memento to Dr. Narendra Goel from NACO at ASICON 2019

At ASICON 2019 in Chennai

Dr. Glory chairing a session at ASICON 2019 on 22.11.2019

B-CHON meeting jointly organized by ASHA Foundation and AHPI on 23-07-2019 at ASHA Foundation premises.

Dr.Glory speaking on PMTCT in HIV at AIDSCON in Chandigarh on 17.01.2020

Dr.Glory wih SeriousFun network team and partners from different countries at meeting in London in November 2019

Dr.Glory with Mary, Tim and Becs at Serious Fun network meeting in London in November 019

Dr.Glory Alexander with Claire Newman, daughter of Mr Paul Newman, american actor who founded Serioufun Network

Dr.Glory and Dr.Alex Thomas with Ms. Lorna Murray from Good News Scotland Trust in Edinburgh, Scotland in November 2019

ASHA Foundation Board Meeting held on 01-10-2019 at ASHA Foundation premises

ASHA Foundation Board Members from left to right: Mr.Ajit Isaac- Invitee, Mr. George Ninan, Dr.Glory Alexander, Dr.Paul Salins, Mr. Vijay Chandy, Dr. Alexander Thomas.

First row sitting L-R: Elizabeth, Shivamma, Maya Singh, Dr.Glory Alexander, Dr.Saritha ,
Late Mrs. Joyce Davis
Middle row standing L-R: Rukmini, Shruthi, Rebeccamma, Mercy priyanka, Malliga, Remya Alan, Supriya , Priyanka, Silvia.
Third row standing L-R : Ramu, Daniel, Ruben, Ravikanth and Jarnas.

Research

ASHA Foundation is recognised as a Scientific and Industrial Research Organization (SIRO) by Dept.of Scientific and Industrial research (DSIR). ASHA Foundation's recognition as a SIRO is renewed from April 2017 to March 2020. ASHA Foundation also has a Research Advisory Board.

List of Research Advisory Board members

Name	Designation	Internal External	Organization	Official Address
Dr. Sundar Rao	Consultant	External	Leprosy Mission, India	88, Kuvempu Layout,Gubbi Cross, Kothanur, Bangalore 560 077
Dr.(Ms). Glory Alexander	Director	Internal	ASHA Foundation	No.42, 4th Main, SBM Colony, Anand Nagar, Bangalore 560 024
Dr. A. Nanda Kumar	Officer in charge,	External	National Cancer Registry Program-ICMR (Retired)	Srinivas Nilaya No.557,7th main, New BEL road Dollars Colony Bangalore- 560094
Mrs. Joyce Davis	Education Director	Internal	ASHA Foundation	No.42, 4th Main, SBM Colony, Anand Nagar, Bangalore 560 024
Dr. Maneesh Paul	Professor and Head of Research In Biological Sciences	External	Acharya Institue of Technology	Soldevanahalli Bengaluru, Karnataka
Mrs. Dorothy Sampath Kumar	Lay leader	External	The Methodist Chrurch	C.201.Gina Ronville, Narayanapura cross, Kothanur Banalore 560077
Dr. Tinku Thomas	Associate Professor, Division of Epidemiology and Biostatistics	External	St.John's National Academy of Health Sciences, Bangalore	#26, Trinity Orchard, Hennur Main Road, Kalyan Nagar PO, Bangalore 560043
Ms. Seetha Lakshmi	City Editor, Chief of Bureau,	External	Times of India	No.40/1, 1st Floor, S & B Towers, M G Road, Bangalore - 560001
Ms. Bethesa Jacob	Principal	External	St. Mira's School, Bangalore	204, Bilden Park Apartments, I Cross,S alvage Road, G.M. Palya, Bangalore 560075
Ms. Surekha Shetty	Advocate	External		No.362, 18th F main, Koramangala, 6th Block, Bangalore 560034
Dr. R. Sriniviasa Murthy	Professor (retd)	External		553, 16th Cross, J.P. Nagar 6th Phase Bangalore-560078

The primary areas of Research are:

- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV

(a)**Assessing the social and emotional development of Children Living with HIV(CLHIV) through a camp approach** :

Sylvia Prathiba Thomas, Mercy Priyanka, Glory Alexander

The study is completed. The paper has been written up and sent for publication

Abstract

Objectives: It is important to ensure that children living with HIV(CLHIV) attain an optimum quality of life.This paper presents the outcomes and lessons learnt from two structured therapeutic, recreational, residential summer camps for 125 CLHIV in Bengaluru, South India during 2018-2019.These camps were designed to educate,empower and embolden the children through reflection, fun and recreational activities and learn and rediscover themselves.

Methods: Each camp was of 5-days duration and the core values of Camp were 'Love, Safety, Respect'. A group of volunteers from nearby colleges were recruited and trained to work under the leadership team of the Camp. Through structured recreational activities both boys and girls from varied backgrounds learnt to rediscover themselves with better self-esteem and confidence. Pre and post camp questionnaires focusing on various characteristics including knowledge of HIV, attitudes to HIV, adherence to Anti Retroviral Therapy, are compared to study impact. A satisfaction and rating scale from campers was also included as part of the evaluation.

Results: Paired t-tests revealed significant improvements in knowledge and attitudes to HIV, including adherence to Anti Retroviral Therapy. Feedback from campers were overwhelmingly positive. Several ideas for more effective intervention were brought out.

Conclusions : . It is concluded that well-planned therapeutic recreation camps for CLHIV are the need of the hour.These Camps significantly empower the children infected by HIV to regain normality and self-esteem, gain proper knowledge and attitudes to HIV and serve as an effective means of restoration of their dignity .

(b)Report on survey of self esteem on school going adolescents.

Joyce Davis, Biju Sebastian, Glory Alexander

The study is complete. Analysis is complete. The report is being written up.

(c)A Study on Quality of life of HIV positive women on long term Anti-Retroviral Treatment (ART):

Glory Alexander, Remya Alan Thomas

Abstract

The study is complete and the paper has been written up and sent for publication

Introduction

Lifelong Anti- Retroviral Therapy (ART) promotes good quality of life and health among HIV positive men and women. However, simplified newer and effective ART have not increased retention in care, or long-term ART adherence, especially among women. There are many factors which impede long term adherence in women. This study measures the Quality of Life (QOL) in women whose ART durations range from one to fifteen years, using the standardized WHO Quality of Life questionnaire.

Material and methods:

One hundred and fourteen women were divided into three groups based on ART duration. Group 1 had 37 women on ART for less than five years, Group-2 had 48 women on ART from 5 to 10 years and Group-3 had 29 women on ART for more than ten years. They were administered the WHO Quality of Life (QOL) questionnaire, which assesses QOL in six domains. QOL was considered poor in scores between 4 - 9.9, medium in scores of 10 -14.9 and good in scores of 15- 20.

Results:

Scores in all 3 groups was more than 85% in five domains and around 74.5% in psychological domain. Domain mean scores were Physical - 18 (CI- 17.63-18.37), Psychological 14.9 (CI-14.55-15.25), Independence 18.6 (CI-18.33-18.87), Social relationships 17.5(CI 17.07-17.93), Environmental 17.6(CI 17.25-17.95), Spiritual, Religious, Personal beliefs, 17.4 (CI 16.93-17.87). Scores for women on long term ART (Group 3) are no different from the other 2 groups and the p-values were not statistically significant.

Conclusion :

Women on long term ART fare extremely well compared to other groups with more than 93% showing good QOL and none showing poor Quality of Health. Despite a multitude of impeding factors, women who continue ART faithfully and consistently enjoy good quality of health and life. Adequate preparation and supportive health system are essential for ensuring long term adherence, but the attitude and commitment of women are also critical.

(f)Determination of perinatal transmission with 3 drug ARV prophylaxis in breast feeding population in private sector setting in South India

Project period- 2013 -2017

Investigators-Glory Alexander, Reena Joy, Philimol Philip, Kalpana

Status- Data collection- One hundred and seventy five mothers have been included in the study and the status of the last baby will be known in March 2019.

This study has been extended to October 2020 and a total of almost 280 pregnant women are now included in this study.

Papers published so far:

1. Assessment of workshop-based training of teachers for imparting value based education to high school students.- Joyce Davis, Dr. Glory Alexander, Chitra Lancelot, Dr.PSS Sundar Rao-Journal of Educational Research and Extension; volume 43,Oct-Dec 2006.pages 10-17.

2. Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update –April 2007-published by Population Council – collaboration of population Council, Avina Sarna, Jaleel Ahmed, Glory Alexander**,** Vaishali Mahendra et al.

3. Counseling Needs Of Persons Exposed To Human Immuno-Deficiency VirusG. Alexander, B.G. Sunitha, K.L.Chitra. – Indian Journal of medical research 126,August 2007,pp152-155.

4. Value education for children- whose responsibility ? -Joyce Davis, **Glory Alexander,** PSS Sundar Rao –New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250.

5. Mapping the future-Students response to Adolescent Health Education-Joyce Davis, **Glory Alexander** – booklet June 2009

6. Response of Indian School Students to Adolescent Health Education- Joyce Davis, Glory Alexander, PSS Rao- New Frontiers in Education, Vol.43,No.4,October -December 2010 pp 494-499.

7. Prevention of mother to Child transmission of HIV- Our experience in South India- Karthikeyan Vijaya**, Alexander Glory**, Solomon Eileen,Rao Sarita, Rao PSS Sunder- Journal of Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66

8. A descriptive study on the users and utility of HIV/AIDS Helpline in Karnataka , India – **Alexander G,** Kanth.C, Thomas.R.- Indian J Community Med 2011; 36:17-20

9. Demographic Predictors of HIV positivity among Women presenting for Obstetric care in South India- a case control study- E. Solomon, F. Visnegarawla, P. Philip, **G. Alexander** – AIDS care journal **.** Vol-23, No.10, October 2011 pp-1336-1343

10. **Impact of antiretroviral therapy (ART) on socio-economic status and productivity of HIV-positive individuals/households in a private setting in India**. Visnegarwala, F., Nalli, A., Babu, R., Satish, S., Pradeep, L., & Alexander, G .Journal of the International Aids Society - Vol. 15, (Suppl 3) October 2012 pp. 257-258

11. Description of Comprehensive PPTCT Counsellors' Training: The Backbone of PPTCT Services in India-Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, ; **Alexander .G** Journal of Health Management. Vol 14, No.3, Sept.2012 pp 369-374

12. The HIV/AIDS Helpline is an effective tool of communication – **Glory Alexander,** Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Diptty Joseph. World Journal of AIDS Vol 4, Aug 2014, pp 305-310

13. **Teachers training workshops: a capacity building strategy for mainstreaming HIV/AIDS prevention education among adolescents.**

Davis, Joyce Chitra; Sebastian, Biju; Alexander, Glory, New Frontiers in Education,Vol 47, No.4. Oct-Dec 2014 pp 54-66

14. **Growth and Development of children living with Human Immunodeficiency virus in South India –A comparative study-** Glory Alexander, Sarita Rao, Saranya Satish, Ram Babu – Indian Journal of Child Health- Vol 4, Issue 2,Apr-June 2017 PP 162-169.

15. Improvement in Socio-Economic Productivity of HIV Positive Individuals on Anti Retroviral Treatment in a Private Setting in South India. Visnegarwala, F., Alexander, G. and Babu, R. World Journal of AIDS, 9, 23-32. https://doi.org/10.4236/wja.2019.91003

Sent for publication:

1.Therapeutic Recreation Camp: A Novel Psychosocial Intervention to Enhance The Well-Being of Children Living With HIV-A Study from India- Glory Alexander, Silvia Prathiba Thomas, Mercy Priyanka Issac.

2. **Health-related quality of life in women on long-term antiretroviral therapy-** Glory Alexander, Remya Alan Thomas. To PLOS ONE

Visitors to our organization:

Sl. No.	Date	Visitor Name	From	Purpose	Days
1.	12.8.2019 & 14.8.2019	Dr. Saravanan	Credibility Alliance India	For evaluation towards accreditation under desirables norms	2 days
2.	23.8.2019	Ms.Tejaswini Shivanand	Wipro Consultant	Monitoring visit Educational support for children	½ day
3.	24.9.2019	Ms. Pramila Dzouza	Advocate	For possible collaboration with ASHA Foundation	½ day

TRAININGS ATTENDED 2019-20

Sl No	Date	Topic	Name	Venue	No. of Days	Conducted by
1.	03.05.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
2.	21.05.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
3.	24.05.2019	GAWA Observing program	Shruthi and Shivamma	Desire Society JP Nagar Bangalore	½	Bangalore HIVAIDS Forum
4.	19.07.2019	Bangalore HIVAIDS Forum monthly meeting	Shruthi	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
5	20.07.2019 To 21.07.2019	Joint leadership team meet	Silvia, Mercy, Ronald, Tina & Pawana	YRGCARE, Chennai	5	Camp Rainbow Chennai, Camp Rainbow Bangalore
6.	20.09.2019	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
7.	23.07.2019	B-CHON meeting	B-CHON members	ASHA Foundation premises	1 day	ASHA Foundation and AHPI
8.	25.10.2019	Bangalore HIVAIDS Forum monthly meeting	Shruthi	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum

9.	09-07-2019	Insight into your personal experience in social science	Late. Mrs. Joyce Davis (Guest of Honoour)	St.Joseph's Arts schice college, shanthi nagar, Bangalore	½ day	St.Joseph's Arts schice college,
10.	23.07.2019	B-CHON meeting	Dr. Glory Alexander	ASHA Foundation premises	1 day	ASHA Foundation and AHPI
11.	13.11.2019 to 15.11.2019	Serious Fun partners Strategic meeting	Dr. Glory Alexander	Hotel Tower View, London	3 days	SeriousFun Network, USA
12	22.11.2019 To 24.11.2019	HIV/AIDS Update	Dr. Glory Alexander	Hotel Leela Palace, Chennai	3 days	AIDS Society of India
13.	28.11.2019 To 29.11.2019	Child Protection policy – Module -3	Mr.Ramu Ms.Silvia	Hotel Vestin Chennai	2 days	KNH, India
14.	17.01.2020	Bangalore HIVAIDS Forum monthly meeting	Shivamma	Radio Active office Near Atria Hotel Bangalore	½	Bangalore HIVAIDS Forum
15	17.1.2020 to 18.01.2020	HIV/AIDS Update AIDSCON	Dr. Glory Alexander	IMA Auditorium, Chandigarh	2 days	Chandigarh AIDS Society
16	07.08.2020 To 08.02.2020	HIV/AIDS Update	Dr. Glory Alexander	Hotel Star, Mysore	2 days	Asha Kirana

TRAINING PROGRAMS CONUCTED 2019-20

Sl. No	Date	Topic	For whom	Venue	No. of partici -pants	Conducted by
1	17.04.2019	Staff Orientation session	Leadership Team	ASHA Foundation	36	Camp Rainbow Bangalore
2	26.04.2019 To 01.05.2019	Staff training	Leadership Team	SAIACS CEO CENTRE, Bangalore	42	Camp Rainbow Bangalore
3	03.05.2019 To 08.05.2019	Camp session 1	Leadership Team	SAIACS CEO CENTRE, Bangalore	84	Camp Rainbow Bangalore
4	11.05.2019 To 16.05.2019	Camp session 2	Leadership Team	SAIACS CEO CENTRE, Bangalore	91	Camp Rainbow Bangalore
5	01.06.2019	Day Camp Programme at Sneha Care Home	Campers and Non-Campers at Sneha Care home	Sneha Care Home, Sarjapur Road	63	Camp Rainbow Bangalore
6	30.06.2019	Follow-up programme at Dayabhavan, Kunigal	Campers and Non-Campers at Dayabhavan	Dayabhavan, Kunigal	73	Camp Rainbow Bangalore
7	07.07.2019	Non-residential LIT programme	For Older adolescents /young adults living with HIV	Asha foundation, Bangalore	24	Camp Rainbow Bangalore
8	07.07.2019	Follow-up programme at Chamrajnagar	For Campers	Chamrajnagar Network	16	Camp Rainbow Bangalore
9	18-07-19 to 20-07-19	63 Teachers' Training workshop-Bangalore	Teachers	ASHA Foundation premises	10	ASHA Foundation
10	27.07.2019	Follow-up programme at Infant Jesus Children's Home	For Campers and Non-campers	Infant Jesus Children's Home, Kothanur	53	Camp Rainbow Bangalore
11	11.08.2019	Follow-up programme at Asha Foundation	For Campers and Non-campers	Asha foundation, Bangalore	21	Camp Rainbow Bangalore
12	17.08.2019	Follow-up programme at Jeevanashraya Network	For Campers	Jeevanashraya Network, Hassan	20	Camp Rainbow Bangalore

13	23.07.2019	B-CHON meeting	B-CHON members	ASHA Foundation premises	40	ASHA Foundation and AHPI
14	22.08.2019-23.08.2019	Capacity building programme	For staff working with children infected and affected with HIV	Calvary Chapel, Children's home, Koppal	36	Camp Rainbow Bangalore
15	22-08-19 to 24-08-19	Akola Teaches' Training workshop	Teachers	Prabhat kids, Washim Akola Road,Maharastra	79	ASHA Foundation
16	24.08.2019	Day camp	For children and caregivers infected and affected with HIV	Calvary Chapel, Children's home-Koppal	147	Camp Rainbow Bangalore
17	14.09.2019	Follow-up programme at Sneha Care Home	For Campers and Non-campers	Sneha Care Home, Sarjapur Road	35	Camp Rainbow Bangalore
18	28.09.2019-29.09.2019	Residential Leaders' in Training programme	For adolescents/ young adults living with HIV	Frontier management Centre, Bangalore	18	Camp Rainbow Bangalore
19	12.10.2019	2nd follow-up at Infant Jesus Children's home	For Campers and Non-campers	Infant Jesus children's home, Bangalore	65	Camp Rainbow Bangalore
20	19.10.2019	2nd follow-up at Jeevanashraya Network	For Campers and Non-campers	Jeevanashraya Network, Hassan	15	Camp Rainbow Bangalore
21	23-10-19	Symposium of inclusivity stigma and discrimination in HIV/AIDS	Students	Canadian International School, Manchenahalli, yelahanka, Bangalore	75	ASHA Foundation
22	26.10.2019	Follow-up at ACCEPT Care Home	For Campers and Non-campers	ACCEPT Care home, Bangalore	11	Camp Rainbow Bangalore
23	31-10-2019	2nd AHE - Master trainers review meeting	Masters Trainers	ASHA Foundation Premises	9	ASHA Foundation
24	02.11.2019	2nd follow-up at FREEDOM FOUNDATION, Bangalore	For Campers and Non-campers	Freedom Foundation, Bangalore	20	Camp Rainbow Bangalore

25	09.11.2019	2nd follow-up at Dayabhavan	For Campers and Non-campers	Dayabhavan, Kunigal	53	Camp Rainbow Bangalore
26	14.11.2019	Panel discussion on HIV support	Serious fun partners	Hotel Towerview, London	40	Glory Alexander Panel member
27	16.11.2019	2nd follow-up at Anandajyothi Network	For Campers and Non-campers	Anandajyothi Network, Mysore	54	Camp Rainbow Bangalore
28	22.11.2019	Chaired session on PreP	ASICON participants	Hotel Leela Palace, Chennai	300	Glory Alexander Chaired the session
29	22.11.2019	Debate on PreP in India	ASICON participants	Hotel Leela Palace, Chennai	300	Glory Alexander Chaired the session
30	24.11.2019	Elimination of MTCT and Syphilis	ASICON participants	Hotel Leela Palace, Chennai	300	Glory Alexander
31	18.01.2020	PMTCT	AIDSCON Participants	IMA Auditorium Chandigarh	300	Glory Alexander
32	08.02.2020	HIV and Women	HIVe Mysore Conference	Hotel Star Mysore	150	Glory Alexander
33	08.12.2019	2nd follow-up at Asha foundation	For Campers and Non-campers	Asha foundation, Bangalore	17	Camp Rainbow Bangalore
34	14.12.2019	2nd follow-up at Sneha Care home	For Campers and Non-campers	Sneha Care home, Sarjapur Road	42	Camp Rainbow Bangalore
35	27-12-19 to 30-12-19	1st Teaches' Training workshop chikhaldara	Teachers	Hotel Dev Guru, Chikhaldara MH SH 203, Chikhaldara, Maharashtra 444807	95	ASHA Foundation

Other Matters:

Resignation and new staff:

During the year, one staff of ASHA Foundation joined in June 2019 and left in January 2020.

International Travel during the year: Dr.Glory Alexander attended the Serious Fun network meeting for all partner country directors in November 2019. Travel and accommodation was taken care of by Serious Fun network

Information on distribution of staff by gender and Salary:

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<2500	-	-	-
<7000	-	-	-
<15000	-	1	1
<30000	3	11	14
<50000	3	2	5
>50000	-	2	2

Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization:

1. Head – Rs.72,273/-.per month + Health Insurance
2. Highest paid - Project Coordinator-AHE
   Salary+ Accident insurance+ Health insurance = Rs.65826/-per month
3. Lowest paid -- Outreach worker
   Salary + Provident fund+ Accident insurance + Health care + Gratuity
   = Rs.15416/- per month

Our heartfelt gratitude to the following for the year April 2019 to March 2020

1. Members of the Governing Board of ASHA Foundation for their input and guidance.
2. Chairman and Members of the Research Advisory Board of ASHA Foundation.
3. Kindernothhilfe, Germany and KNH India for their support to CAR and PMTCT projects
4. Mr. Krishna Chivukula and INDO-US MIM-Tech Pvt.Ltd for their unending generosity in supporting ASHA Foundation since 2005.
5. Mrs. Soma Philip for her generous contribution to ASHA Foundation.
6. Good News Scotland Health Trust and Ms. Lorna Murray for their generous support to ASHA Foundation.
7. Serious Fun Network, USA for their partnership and support in Camp Rainbow.
8. Dr. Molly Kurian, Mr. Thampi Kurian and Kurian Foundation Trust for their donation.
9. YRG care, Chennai, for their partnership in Camp Rainbow.
10. WIPRO cares for educational support to our children.
11. Mr. Ajith Isaac of Quess Corp Ltd for association with ASHA Foundation.
12. Ms. Smitha of Quess Corp Ltd for facilitation between ASHA Foundation and Quess Corp Ltd).
13. Mr. Bernard Lallier and Mrs. Divya Lallier for their generous contribution and support to ASHA Foundation.
14. Charities Aid Foundation (CAF) India towards the support for investigations and drugs and programs for HIV infected and affected individuals.
15. Mr. Madhu, for his regular contribution to ASHA Foundation.
16. Mrs. Sheila Isaac, for her regular contribution to ASHA Foundation.
17. All our other regular donors, volunteers and well wishers who have always supported ASHA Foundation.

ASHA FOUNDATION

[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

CONSOLIDATED BALANCE SHEET AS ON 31.03.2020

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
I. LIABILITIES:			
1. Local Funds	1		6,096,972.29
2. Foreign Funds	2		12,693,919.77
3. Provisions	3		298,468.74
TOTAL			**19,089,360.80**
II. ASSETS:			
1. Fixed Assets	4	3,520,269.03	
Less: Depreciation		299,707.00	
Net Block			3,220,562.03
1. Current Assets:			
Cash & Bank Balances	5	15,240,971.77	
Other Current Assets	6	627,827.00	15,868,798.77
Notes to Accounts	7		
TOTAL			**19,089,360.80**

As per our report of even date.
for Sunil Fernandes & Associates

Sunil Fernandes
Chartered Accountant
Member No.202532
FRN. 009405S
UDIN:

Place: Bangalore
Date: 24.08.2020

Sunil Fernandes & Associates
Bangalore
FRN.009405S
Chartered Accountants

for ASHA Foundation

Dr. Glory Alexander
Trustee

Dr. Alexander Thomas
Trustee

ASHA FOUNDATION
ACTION, SERVICE HOPE FOR AIDS

ASHA FOUNDATION

[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31.03.2020

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
I. INCOME:			
1. Receipts During the Year			
Foreign Contributions Received		15,545,571.89	
Local Contributions Received		3,273,076.12	18,818,648.01
2. Other Income			
Savings Bank Interest		100,629.00	
Fixed Deposit Interest		844,774.00	
Sale of Craft Items		1,580.00	
Interest from IT Refund		6,713.00	
Provisions Added Back - General Fund Local		24,928.00	
Provisions Added Back - General Fund FC		6,500.00	
Provisions Added Back - PMTCT Fund		6,250.00	991,374.00
TOTAL INCOME			**19,810,022.01**
II. EXPENDITURE;			
1. Local Project Expenses			
a). CAR Project Expenses	8	606,925.90	
b). General Project Expenses	9	1,671,980.48	2,278,906.38
2. FC Project Expenses			
a) KNH/CAR Project Expenses	10	2,957,672.83	
b) PMTCT Project Expenses	11	2,798,387.07	
c) Krishna Project Expenses	12	1,041,555.00	
d) Research Project Expenses	13	3,981,998.62	
e) General Project Expenses	14	4,009,889.92	14,789,503.44
Depreciation	4		299,707.00
Notes to Accounts	8		
TOTAL EXPENDITURE			**17,368,116.82**
Excess of Income/(Expenditure) transferred to Balance Sheet			**2,441,905.19**

As per our report of even date.
for Sunil Fernandes & Associates

Sunil Fernandes
Chartered Accountant
FRN. 009405S
UDIN:

Place: Bangalore
Date: 24.08.2020

Sunil Fernandes & Associates ★ Bangalore FRN.009405S ★ Chartered Accountants

for ASHA Foundation

Dr. Glory Alexander
Trustee

Dr. Alexander Thomas
Trustee

ASHA FOUNDATION ★ BANGALORE ★ ACTION, SERVICE HOPE FOR AIDS

ASHA FOUNDATION

[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD FROM 01.04.2019 TO 31.03.2020

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
I. RECEIPTS:			
1. Opening Balances			
Cash and Bank Balances		2,004,490.32	
Fixed Deposits		10,490,632.00	
TDS Receivable		269,007.00	
Loans & Advances		9,800.00	
Deposits		308,100.00	
Advance Rent Paid		150.00	
Amounts with Statutory Account		5,018.37	13,087,197.69
2. Receipts During the Year			
Grant from KNH Germany		3,897,998.25	
Grant from INDO US MIM Tech.		6,000,000.00	
Grant from Serious Fun Network		4,227,923.64	
Donation-Mrs.Molly Kurian		1,419,650.00	
Donation - Care Works Foundation		751,375.00	
Donation - Car Wipro Cares		1,018,700.00	
Donation - CAF India Funds_RBS		34,000.00	
Donation & Contribution		1,469,001.12	18,818,648.01
3. Other Income			
Savings Bank Interest		100,629.00	
Fixed Deposit Interest		844,774.00	
Interest from IT Refund		6,713.00	
Sale of Craft Items		1,580.00	953,696.00
TOTAL RECEIPTS			**32,859,541.70**
II. PAYMENTS;			
1. Local Project Expenses			
a) CAR Project Expenses	15	606,925.90	
b) General Local Expenses	16	1,671,980.48	2,278,906.38
2. FC Project Expenses			
a) KNH/CAR Project Expenses	17	2,957,672.83	
b) PMTCT Project Expenses	18	2,798,387.07	
c) Krishna Project Expenses	19	1,041,555.00	
d) Research Project Expenses	20	3,981,998.62	
e) General Project Expenses	21	4,009,889.92	14,789,503.44
f) Less: Current Year Provisions		-290,283.74	-290,283.74
3. Purchase of Fixed Assets	4		150,642.08
4. Previous Years Provisions paid during the year			
Provision for Expenses		61,974.77	61,974.77
5. Closing Balances			
Cash and Bank Balances		394,431.77	
Fixed Deposits		14,846,540.00	
Deposits		308,100.00	
Advance Rent Paid		-	
Loans & Advances		32,715.00	
Advance from MJ Communications		28,978.00	
TDS Receivable		258,034.00	15,868,798.77
Notes to Accounts	8		
TOTAL PAYMENTS			**32,859,541.70**

As per our report of even date.
for Sunil Fernandes & Associates

Sunil Fernandes
Chartered Accountant
FRN. 009405S
UDIN:

Place: Bangalore
Date: 24.08.2020

Sunil Fernandes & Associates ★ Chartered Accountants ★ Bangalore FRN.009405S

for ASHA Foundation

Dr. Glory Alexander
Trustee

Dr. Alexander Thomas
Trustee

ASHA FOUNDATION ★ BANGALORE ★ ACTION, SERVICE HOPE TO HIV-AIDS

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मुलांच्या समस्यांवरील प्रशिक्षणाला सुरुवात

४० शाळांतील ८४ शिक्षकांची उपस्थिती; बंगलोर येथील तज्ज्ञ प्रशिक्षकांचे मार्गदर्शन

सकाळ वृत्तसेवा

अकोला, ता. २२ : बालवयातून तारुण्यात पदार्पण करताना मानसिक व शारीरिक बदल होत असतात. तसेच सामाजातील विविध घटकांचाही परिणाम होत असतो. जर पौंगडावस्थेतील मुलांना जीवन कौशल्याचे यथायोग्य ज्ञान दिले तर त्यांच्यातील बहुतांश समस्यांचे निराकरण होऊन त्यांच्यामध्ये सकारात्मक भावनांचा विकास होतो, असे प्रतिपादन प्रभात किड्स स्कूल येथे आशा फाउंडेशन, बंगलोर द्वारे आयोजित 'अनमोल आशाएँ' या प्रशिक्षण कार्यशाळेच्या प्रथम दिवशी बंगलोर येथील तज्ज्ञ मार्गदर्शकांनी केले.

आशा फाऊंडेशन, बंगलोर द्वारे आयोजित या तीन दिवसीय कार्यशाळेचे उद्घाटन गुरुवार (ता.२२) करण्यात आले. मूल्य शिक्षण व जीवन कौशल्य यावर घेण्यात आलेल्या प्रथम सत्रात, बायजुस सेबिस्टीन यांनी मार्गदर्शन केले.

जगातील सर्वाधिक विद्यार्थ्यांची घनता भारतात असून त्यापैकी ४८ टक्के विद्यार्थी कुमारवयातील असल्यामुळे त्यांना भेडसविणाऱ्या भावनिक, सामाजिक तसेच शारीरिक समस्यांचा उहापोह होणे गरजेचे असल्याचे मत बायजुस सेबिस्टीन यांनी यावेळी व्यक्त केले. त्यानंतर इतर मान्यवर वक्त्यांनी जीवन कौशल, मूल्य शिक्षण यावरील विविध बाबींवर सखोल मार्गदर्शन केले.

कुमारवयीन मुलांच्या समस्यांची उकल करण्यास ही कार्यशाळा महत्त्वपूर्ण ठरेल, असे मनोगत या कार्यशाळेच्या प्रास्ताविकात प्राचार्य कांचन पटोकार यांनी व्यक्त केले. तत्पूर्वी आशा फाउंडेशनचे तज्ज्ञ मार्गदर्शक जॉयस डेव्हीस, बायजुस सेबिस्टीन, वृषाली गावंडे, भारती मोझेझ, तारिनी विल्सन, माया सिंग व जेनस यांचे स्वागत प्रभातचे संचालक डॉ. गजानन नारे व वंदना नारे यांचे हस्ते करण्यात आले. या वेळी प्रभातचे बालसमुपदेशक डॉ. प्रदीप अवचार प्रामुख्याने उपस्थित होते. उदघाटनपर सत्राचे संचालन मीता इंगळे यांनी केले.

या तीन दिवसीय मोफत कार्यशाळेत जिल्ह्यातील ४० शाळांतील ८४ शिक्षक सहभागी झाले असून, कुमारवयीन विद्यार्थ्यांच्या समस्या व त्या समस्यांचे निदान यावर विचारमंथन व उपाययोजना या कार्यशाळेत होणार आहे.

दिव्य मराठी
दिव्य सिटी

दिव्य मराठी विशेष • पौगंडावस्थेतील मुलांना यथायोग्य ज्ञान द्यावे, ८४ शिक्षकांचे विशेष प्रशिक्षण सुरू

समस्या निवारणातून घडतात सकारात्मक बदल

प्रतिनिधी । अकोला

बालवयातून तारुण्यात पदार्पण करताना मानसिक व शारीरिक बदल होत असतात. तसेच सामाजातील विविध घटकांचाही परिणाम होत असतो. जर पौगंडावस्थेतील मुलांना जीवन कौशल्याचे यथायोग्य ज्ञान दिले तर त्यांच्यातील बहुतांश समस्यांचे निराकरण होऊन त्यांच्यामध्ये सकारात्मक भावनांचा विकास होतो, असे प्रतिपादन प्रभात किड्स स्कूल येथे आशा फाउंडेशन, बंगळुरू द्वारे आयोजित 'अनमोल आशाएं' या प्रशिक्षण कार्यशाळेच्या प्रथम दिवसी बंगळुरू येथील तज्ज्ञ मार्गदर्शकांनी केले.

प्रशिक्षण कार्यशाळेच्या पहिल्या दिवशी सहभागी झालेले शिक्षकवृंद.

आशा फाउंडेशन, बंगळुरू द्वारे आयोजित या तीन दिवसीय कार्यशाळेचे उद्घाटन गुरुवार, २२ ऑगस्ट रोजी करण्यात आले. मूल्य शिक्षण व जीवन कौशल्य यावर घेण्यात आलेल्या प्रथम सत्रात, बायजुस सेबिस्टीन यांनी मार्गदर्शन केले. जगातील सर्वाधिक विद्यार्थ्यांची घनता भारतात असून त्यापैकी ४८ टक्के विद्यार्थी कुमार वयातील असल्यामुळे त्यांना भेडसावणाऱ्या भावनिक, सामाजिक तसेच शारिरीक समस्यांचा उहापोह होणे गरजेचे असल्याचे मत बायजुस सेबिस्टीन यांनी यावेळी व्यक्त केले.

कुमारवयीन विद्यार्थ्यांच्या समस्यांवर विचारमंथन

या तीन दिवसीय मोफत कार्यशाळेत जिल्ह्यातील ४० शाळांतील ८४ शिक्षक सहभागी झाले असून, कुमारवयीन विद्यार्थ्यांच्या समस्या व त्या समस्यांचे निदान यावर विचारमंथन व उपाययोजना या कार्यशाळेत होणार आहे.

त्यानंतर इतर मान्यवर वक्त्यांनी जीवन कौशल, मूल्य शिक्षण यावरील विविध बाबींवर सखोल मार्गदर्शन केले. कुमारवयीन मुलांच्या समस्यांची उकल करण्यास ही कार्यशाळा महत्त्वपूर्ण ठरेल असे मनोगत या कार्यशाळेचे उद्घाटनपर प्रास्ताविकात प्राचार्य कांचन पटोकार यांनी व्यक्त केले. तत्पूर्वी आशा फाउंडेशनचे तज्ज्ञ मार्गदर्शक जॉयस डेव्हीस, बायजुस सेबिस्टीन, वृषाली गावंडे, भारती मोझेझ, तारिनी विल्सन, माया सिंग व जेरनस यांचे स्वागत प्रभातचे संचालक डॉ. गजानन नारे व सौ. वंदना नारे यांचे हस्ते करण्यात आले. या वेळी प्रभातचे बाल समुपदेशक डॉ. प्रदीप अवचार प्रामुख्याने उपस्थित होते. उद्घाटनपर सत्राचे संचालन मीता इंगळे यांनी केले.

कुमारवयीन मुलांना शिकवणाऱ्या शिक्षकांना अशा मुलांच्या समस्यांची जाणीव आणि करावयाच्या उपाययोजनांवर विशेष मंथन होणार आहे.

जनमाध्यम

कुमारवयीन मुलांच्या समस्यांवरील शिक्षक प्रशिक्षणाला सुरवात

४० शाळांतील ८४ शिक्षकांची उपस्थिती; बंगलोर येथील तज्ज्ञ प्रशिक्षक

प्रतिनिधी/ २२ऑगस्ट

अकोला :- बालवयातून तारुण्यात पदार्पण करताना मानसिक व शारीरिक बदल होत असतात. तसेच सामाजातील विविध घटकांचाही परिणाम होत असतो. जर पौगडावस्थेतील मुलांना जीवन कौशल्याचे यथायोग्य ज्ञान दिले तर त्यांच्यातील बहुतांश समस्यांचे निराकरण होऊन त्यांच्यामध्ये सकारात्मक भावनांचा विकास होतो, असे प्रतिपादन प्रभात किड्स स्कूल येथे आशा फाउंडेशन, बंगलोर द्वारे आयोजित 'अनमोल आशाँए' या प्रशिक्षण कार्यशाळेच्या प्रथम दिवसी बंगलोर येथील तज्ज्ञ मार्गदर्शकांनी केले.

आशा फाउंडेशन, बंगलोर द्वारे आयोजित या तीन दिवसीय कार्यशाळेचे उद्घाटन गुरुवार दि. २२ ऑगस्ट रोजी करण्यात आले. मूल्य शिक्षण व जीवन कौशल्य यावर घेण्यात आलेल्या प्रथम सत्रात, बायजुस सेबिस्टीन यांनी मार्गदर्शन केले. जगातील सर्वाधिक विद्यार्थ्यांची घनता भारतात असून त्यापैकी ४८ टक्के विद्यार्थी कुमारवयातील असल्यामुळे त्यांना भेडसविणाऱ्या भावनिक, सामाजिक तसेच शाररीक समस्यांचा उहापोह होणे गरजेचे असल्याचे मत बायजुस सेबिस्टीन यांनी यावेळी व्यक्त केले. त्यानंतर इतर मान्यवर वक्त्यांनी जीवन कौशल, मूल्य शिक्षण यावरील विविध बाबींवर सखोल मार्गदर्शन केले.

कुमारवयीन मुलांच्या समस्यांची उकल करण्यास ही कार्यशाळा महत्त्वपूर्ण ठरेल असे मनोगत या कार्यशाळेचे उद्घाटनपर प्रास्ताविकात प्राचार्य कांचन पटोकार यांनी व्यक्त केले.

तत्पूर्वी आशा फाउंडेशनचे तज्ज्ञ मार्गदर्शक जॉयस डेव्हीस, बायजुस सेबिस्टीन, वृषाली गावंडे, भारती मोझेझ, तारिनी विल्सन, माया सिंग व जेरनस यांचे स्वागत प्रभातचे संचालक डॉ. गजानन नारे व सौ. वंदना नारे यांचे हस्ते करण्यात आले. या वेळी प्रभातचे बालसमुपदेशक डॉ. प्रदीप अवचार प्रामुख्याने उपस्थित होते.

उदघाटनपर सत्राचे संचालन मीता इंगळे यांनी केले. या तीन दिवसीय मोफत कार्यशाळेत जिल्ह्यातील ४० शाळांतील ८४ शिक्षक सहभागी झाले असून, कुमारवयीन विद्यार्थ्यांच्या समस्या व त्या समस्यांचे निदान यावर विचारमंथन व उपाययोजना या कार्यशाळेत होणार आहे.

किशोरवयीन विद्यार्थ्यांच्या समस्यांबाबत निशुःल्क शिक्षक प्रशिक्षणाचे २२,२३ व २४ ऑगस्ट रोजी आयोजन

आशा फाऊंडेशन बंगलोरचे आयोजन

बंगलोर येथील तज्ज्ञ प्रशिक्षकांकडून मार्गदर्शन

प्रभात किड्स स्कूल, वाशिम रोड येथे आयोजन

अकोला दि.१६ ऑगस्ट : आजच्या काळात मोबाइल, सोशल मीडिया, केबल आदींच्या वाढत्या प्रभावामुळे किशोरवयीन विद्यार्थ्यांच्या समस्या दिवसेंदिवस उग्र स्वरुप धारण करीत आहेत. शाळा आणि शाळांतील शिक्षक यांच्या मदतीने या समस्येला आळा घालता यावा म्हणून बंगलोर येथील आशा फाउंडेशन या सेवाभावी संस्थेकडून तीन दिवसीय शिक्षक प्रशिक्षण कार्यशाळा प्रभात किड्स स्कूल, वाशिम रोड येथे दि. २२, २३ व २४ ऑगस्ट रोजी आयोजित करण्यात आली आहे.

बंगलोर येथील तज्ज्ञ प्रशिक्षक लाइफ स्किल, चारित्र्य निर्माण व किशोरवयीन विद्यार्थ्यांच्या समस्यांच्या बाबती-त प्रशिक्षण देणार आहेत. संपूर्ण नि:शुल्क असणाऱ्या या प्रशिक्षणामध्ये मराठी, इंग्रजी व सेमी इंग्रजी माध्यमाच्या शाळेतील प्रत्येकी ३ शिक्षकांना प्रवेश मिळणार आहे.

सहभागी शिक्षकांना सकाळी नाश्ता, दुपारचे जेवण व चहा आयोजक संस्थेतर्फे पुरविण्यात येणार आहे.

इच्छुक शाळांनी या अत्यंत महत्त्वपूर्ण विषयावरील प्रशिक्षणासाठी आपल्या शाळेतील शिक्षकांना पाठवून या शिबिराचा लाभ घ्यावा, असे आवाहन आयोजकांनी केले आहे. तसेच या प्रशिक्षणसंदर्भात अधिक माहिती व नाव नोंदणीसाठी अभिजीत जोशी ८८०६६६७१०४ यांच्याशी संपर्क साधावा, असे कळविण्यात आले आहे. नाव नोंदणीची अखेरची तारीख १९ ऑगस्ट असणार आहे.

पुण्य नगरी
अकोला : २३ ऑगस्ट २०१९

४० शाळांतील ८४ शिक्षकांची उपस्थिती :
बंगळुरू येथील तज्ज्ञ प्रशिक्षक

कुमारवयीन मुलांच्या समस्यांवरील शिक्षक प्रशिक्षणाला सुरुवात

अकोला
दि. २२ (प्रतिनिधी)

बालवयातून तारुण्यात पदार्पण करताना मानसिक व शारीरिक बदल होत असतात. तसेच सामाजातील विविध घटकांचाही परिणाम होत असतो. जर पौंगडावस्थेतील मुलांना जीवन कौशल्याचे यथायोग्य ज्ञान दिले, तर त्यांच्यातील बहुतांश समस्यांचे निराकरण होऊन त्यांच्यामध्ये सकारात्मक भावनांचा विकास होतो, असे प्रतिपादन प्रभात किड्स स्कूल येथे आशा फाउंडेशन, बंगळुरूद्वारे आयोजित 'अनमोल आशाँए' या प्रशिक्षण कार्यशाळेच्या प्रथम दिवसीय बंगळुरू येथील तज्ज्ञ मार्गदर्शकांनी केले.

आशा फाउंडेशन, बंगळुरूद्वारे आयोजित या तीन दिवसीय कार्यशाळेचे उद्घाटन गुरुवार, २२ ऑगस्ट रोजी करण्यात आले. 'मूल्य शिक्षण व जीवन कौशल्य' यावर घेण्यात आलेल्या प्रथम सत्रात, बायजुस सेबिस्टीन यांनी मार्गदर्शन केले. जगातील सर्वाधिक विद्यार्थ्यांची घनता भारतात असून, त्यापैकी ४८ टक्के विद्यार्थी कुमारवयातील असल्यामुळे त्यांना भेडसविणाऱ्या भावनिक, सामाजिक तसेच शारीरिक समस्यांचा ऊहापोह होणे गरजेचे असल्याचे मत बायजुस सेबिस्टीन यांनी यावेळी व्यक्त केले. त्यानंतर इतर मान्यवर वक्त्यांनी जीवन कौशल, मूल्य शिक्षण यावरील विविध बाबींवर सखोल मार्गदर्शन केले. कुमारवयीन मुलांच्या समस्यांची उकल करण्यास ही कार्यशाळा महत्त्वपूर्ण ठरेल, असे मनोगत या कार्यशाळेचे उद्घाटनपर प्रास्ताविकात प्राचार्य कांचन पटोकार यांनी व्यक्त केले. तत्पूर्वी आशा फाउंडेशनचे तज्ज्ञ मार्गदर्शक जॉयस डेव्हीस, बायजुस सेबिस्टीन, वृषाली गावंडे, भारती मोझेझ, तारिनी विल्सन, माया सिंग व जेरनस यांचे स्वागत प्रभातचे संचालक डॉ. गजानन नारे व वंदना नारे यांचे हस्ते करण्यात आले. बालसमुपदेशक डॉ. प्रदीप अवचार प्रामुख्याने उपस्थित होते. उद्घाटनपर सत्राचे संचालन मीता इंगळे यांनी केले. या तीन दिवसीय मोफत कार्यशाळेत जिल्ह्यातील ४० शाळांतील ८४ शिक्षक सहभागी झाले असून, कुमारवयीन विद्यार्थ्यांच्या समस्या व त्या समस्यांचे निदान यावर विचारमंथन व उपाययोजना या कार्यशाळेत होणार आहेत.

७ मातृभूमि अकोला जिल्हा
शुक्रवार, २३ ऑगस्ट २०१९

कार्यशाळेला जिल्ह्यातील ४० शाळांतील ८४ शिक्षकांची उपस्थिती

कुमारवयीन मुलांच्या समस्यांवरील शिक्षक प्रशिक्षणाला सुरुवात

बंगलुरू येथील तज्ज्ञ प्रशिक्षकांची उपस्थिती

। अकोला दि. २२ ।

बालवयातून तारुण्यात पदार्पण करताना मानसिक व शारीरिक बदल होत असतात. तसेच सामाजातील विविध घटकांचाही परिणाम होत असतो. जर पौंगडावस्थेतील मुलांना जीवन कौशल्याचे यथायोग्य ज्ञान दिले तर त्यांच्यातील बहुतांश समस्यांचे निराकरण होऊन त्यांच्यामध्ये सकारात्मक भावनांचा विकास होतो, असे प्रतिपादन प्रभात किड्स स्कूल येथे आशा फाउंडेशन, बंगलोर द्वारे आयोजित 'अनमोल आशाएँ' या प्रशिक्षण कार्यशाळेच्या प्रथम दिवसी बंगलोर येथील तज्ज्ञ मार्गदर्शकांनी केले. आशा फाउंडेशन, बंगलोर द्वारे आयोजित या तीन दिवसीय कार्यशाळेचे उद्घाटन गुरुवार दि. २२ ऑगस्ट रोजी करण्यात आले. मूल्य शिक्षण व जीवन कौशल्य यावर घेण्यात आलेल्या प्रथम सत्रात, बायजुस सेबिस्टीन यांनी मार्गदर्शन केले. जगातील सर्वाधिक विद्यार्थ्यांची घनता भारतात असून त्यापैकी ४८ टक्के विद्यार्थी कुमारवयातील असल्यामुळे त्यांना भेडसविणाऱ्या भावनिक, सामाजिक तसेच शारीरीक समस्यांचा उहापोह होणे गरजेचे असल्याचे मत बायजुस सेबिस्टीन यांनी यावेळी व्यक्त केले. त्यानंतर इतर मान्यवर वक्त्यांनी जीवन कौशल, मूल्य शिक्षण यावरील विविध बाबींवर सखोल मार्गदर्शन केले. कुमारवयीन मुलांच्या समस्यांची उकल करण्यास ही कार्यशाळा महत्त्वपूर्ण ठरेल असे मनोगत या कार्यशाळेचे उद्घाटनपर प्रास्ताविकात प्राचार्य कांचन पटोकार यांनी व्यक्त केले. तत्पूर्वी आशा फाउंडेशनचे तज्ज्ञ मार्गदर्शक जॉयस डेव्हीस, बायजुस सेबिस्टीन, वृषाली गावंडे, भारती मोझेझ, तारिनी विल्सन, माया सिंग व जेरनस यांचे स्वागत प्रभातचे संचालक डॉ. गजानन नारे व सौ. वंदना नारे यांचे हस्ते करण्यात आले. या वेळी प्रभातचे बालसमुपदेशक डॉ. प्रदीप अवचार प्रामुख्याने उपस्थित होते. उदघाटनपर सत्राचे संचालन मीता इंगळे यांनी केले. या तीन दिवसीय मोफत कार्यशाळेत जिल्ह्यातील ४० शाळांतील ८४ शिक्षक सहभागी झाले असून, कुमारवयीन विद्यार्थ्यांच्या समस्या व त्या समस्यांचे निदान यावर विचारमंथन व उपाययोजना या कार्यशाळेत होणार आहे.

METRO LIFE
YOUR BOND WITH BENGALURU
DH Saturday November 30, 2019

HIV/AIDS patients still fight stigma

Asha Foundation

Asha Foundation runs a helpline for patients (2354 3333/ 2354 2222) that works from 9 am to 5 pm, Monday to Friday.

Dr Glory Alexander, founder, says the foundation receives five to 15 calls a day and about 1,700-1,800 calls a year. Most calls are from people who are at risk and want to know what to do and how to test for AIDS.

"Some call for information and others to know about care and help for the infected," she says.

The foundation provides counselling on many aspects, including how to remain HIV- and prevent transmission of AIDS from mother to child.

It holds awareness programmes among Metro construction employees, contract labourers and mill workers, and provides medical, nutritional and educational support for HIV+ affected children and their siblings.

Every year, Asha Foundation hosts Camp Rainbow for children between 10 and 16.

"These are children who have grown up with stigma and discrimination. We teach them life skills, team-building skills, health and hygiene," she says. Children from Mandya, Mysuru, Tumkur, and Kolar are included in the camp.

Prevention of transmission of HIV from mother to child is an area of focus.

Glory says the programme has been effective. "Without treatment, there is a 45 per cent chance of transmission of HIV to a newborn child but this can be brought down to less than 5 per cent," she explains.

The foundation provides training for teachers at three-day workshops. Each teacher is given resource manual to teach students in the age group of 13 to 16.

The manual consists of lessons about friendships virtual and real, infatuation and love, marriage, and sexual intimacy, and medical topics like HIV/AIDS, STDs, alcohol and drug abuse and smoking.

Children with volunteers wearing masks they made at a camp hosted by Asha Foundation.

ANNEXURES

ANNEXURE I

List of schools doing ASHA Foundation's Adolescent Health Education (AHE) Program

2019-2020 - Pune Number of students in each school

No.	Name of the School	No. of students 2019-2020
1	Ajinkya Institute	46
2	Amanora High School	123
3	Ashram Sala Primary School	47
4	Anjali English Medium School	116
5	Baburaoji Gholap Vidyalaya, Sanghvi	184
6	BJS English School Wagholi	82
7	BJS Primary School wagholi	52
8	Blossom School Viishranwadi	53
9	City International School	154
10	Crescent English Medium School	132
11	Cyrus Poonawala School	85
12	Dastur Co Ed School Camp	135
13	Dnyandeep English Medium School	154
14	Don Bosco School and Junior College	162
15	Dr. Mrs Erin Nagarwala Day School	143
16	Dr. Mrs Erin Nagarwala Residential School	135
17	Enamdar English School	48
18	Eon Gyanankur English Medium School	173
19	Friend's English School, Poolgaon	73
20	GK Mandals Choksey High School	53
21	Holy Angels Convent High School	236
22	Indian Education Society, Vadgaonsheri	185
23	Indira Gandhi School	89
24	Jai Hind School Pimpri	243
25	Jai Hind Primary School	263
26	JD Academy School Swargate	121
27	Jovan Vikas Mandir	45
28	JSPM English Medium School	132

29	J.S. Tyagi Memorial School	73
30	Jyotirmay International School	76
31	KVG BRD School, Chandan Nagar	235
32	KV Southern Command	152
33	Lexicon International School	148
34	Little Flower English School	72
35	Little Star School Kharadi	132
36	Londkar High School Mundwa	232
37	Lonkar Mahavidyalaya, Mundwa	264
38	Lonkar Vidyalaya	221
39	Mahatma Gandhi Vidyalaya, Khanur	124
40	Maher Education Society	35
41	Mar - Ivinous Convent School	79
42	Mother Theresa School, Vadgaonsheri	298
43	Mount St. Patrick	221
44	National Children's Academy	164
45	NCA School, Vishrantiwadi	148
46	New English Medium School, Chakan	154
47	New English Medium School, Hadapsar	122
48	New Life School, Swargate	82
49	Nirmala Convent School Kharadi	286
50	Orbi International School Mundhwa	159
51	Oscar High School	52
52	Pandit Nehru Vidya Mandir, Kamshet	112
53	Pawar International School Magarpatta	175
54	Pawar Public School Magarpatta	82
55	PDEA School Budruk	81
56	PDEA School, Ane	164
57	PDEA's School, Akruti	254
58	PDEA School , Aund	126
59	PDEA School Daund	182
60	PDEA School Dehu Road	68
61	PDEA English Med. School Bori Bk	132
62	PDEA English Med. School Dalaj	82
63	PDEA English Med. School Inamgaon	124
64	PDEA School Kalas	265

65	PDEA School Khadki	257
66	PDEA School Kamshet	124
67	PDEA School Kati	115
68	PDEA School Kolvan	224
69	PDEA School Lohegoan	326
70	PDEA School Mandki	256
71	PDEA School Moshi	65
72	PDEA School Nangaon	173
73	PDEA School Nhavare	265
74	PDEA School Nhavi	132
75	PDEA School Nimkotakee	116
76	PDEA School Ozar	143
77	PDEA English Med. School Padvi	126
78	PDEA English Med. School Pargaon	213
79	PDEA School Pirunget	245
80	PDEA School Sangvi	154
81	PDEA School Savindane	256
82	PDEA School Shirol	112
83	PDEA School Shiroli Bk	154
84	PDEA School Shivane	197
85	PDEA School Supe	142
86	PDEA School Umbraj,	224
87	PDEA School Uraigaon	145
88	PDEA School Velha	84
89	PDEA School Wanewadi	254
90	PDEA School Yenere	134
91	PDEA's English Medium Primary School	175
92	PDEA's English Medium School	165
93	PDEA's Institute of Diploma in Education	54
94	Phoenix School,	98
95	Phoenix English Medium School, Kharadi	102
96	Pirunget English School, Pirunget	92
97	Poona Women's School	243
98	Prodigy Public School	160
99	Raisoni English Medium School	145
100	Republic School Keshnand	123

101	S J Vidyalaya	64
102	Sadhana English Medium School	346
103	Sadhana English Medium School,	258
104	Sangavi PDEA School	154
105	Sant Thukaram Madhyamik Vidyalaya	182
106	Sant Tukaram Vidyalaya, Lohegaon	224
107	Sant. Dnyaneshwar Kharadi	48
108	Sarathi Education Society	85
109	Sarathi English Medium School	112
110	Satav High School, Wagholi	256
111	Shivaji Vidyalya, Dehurod	210
112	Shivraj School Vadgaonsheri	142
113	Shri Mallikarjun Vidyalaya Naware	165
114	Shri Manalsakant Vidyalaya, Akruti	154
115	Shri Nagheshwar Vidyalaya, Moshi	88
116	SMMV School Mulshi	265
117	SNBP School & Junior College	99
118	SSV School, Paud	48
119	St Anne's High School Pune Camp	142
120	St. Felix High School	120
121	St Joseph School, Viman nagar	210
122	St Ornella's High School, Camp	52
123	St. A V High School	78
124	St. Arnold School Vadgaonsheri	180
125	St. Francis School, Chandannagar	127
126	St. Joseph Convent School, Lohegaon	210
127	St. Joseph High School, Ghorpadi	223
128	St. Mary's School	120
129	Stella Maris School Vadigaonsher	132
130	Subhash English Medium School	79
131	Sunderbai School Chandan nagar	210
132	T D Pathare Vidyalaya, Khardi	265
133	Tukaram Pathare School, Kharadi	204
134	Tukaram Pathare English School	76
135	V S Satav High School	187
136	Vatsalya Public School, Ghorpadi	165

137	Vidyankur, Sainikwadi, Vadgaonsheri	256
138	Vikash Pratishtan English Med. School	76
139	Wageshwar English School	68
140	Yashwant Vidyalaya, Mandvi	84
141	Zensar English Medium School	154
142	Abhinav School Ambegaon State Board	99
143	A.E.S Horizon English Medium School, Narhe	68
144	Lotus English Medium School, Balaji Nagar	142
145	Abhinav school Narhe State Board	210
146	Abhinav C.B.S.E School,Narhe	176
147	Ajinkya Dedge Public School	184
148	Sathya Valley School, Wadwadi	145
149	Blossom English Medium School	80
150	Unique English Medium School,Kondwa	180
151	Utkarsh English Medium School	208
152	Pride English Medium School	176
153	Digvijay English School, Dhankawadi Pune - 43	117
154	Sharad School Katraj, Pune	154
155	Abhinav Education Society CBSE Ambegaon Pune - 46	165
156	Abhinav school Katruj	124
	Total	**23379**

Pune College

1	Christ College	147
2	Marathawade Mitra Mandal	120
3	Maher Education Society	56
4	Abhinav D.Ed college	
5	PDEA D. Ed college	
		323

Total Number of students in Pune = 23702

2019-2020 Mumbai Number of students in each school		
No	**Name of the School**	**No of students 2019 -20**
1	Agrasen High School, Kamothe	84
2	APJ Public School, Kharghar sector 4	82
3	APJ Public School, Kharghar sector 6	48
4	APJ Public School, Kharghar Sector 10	41
5	Ashwini Classes	120
6	Bal Bharati Public School, Kharghar	92
7	B.D.D.V Primary School, Panvel Raigad	124
8	Bhagwan English Medium School	40
9	Bharati Vidyapeeth	142
10	Christ Academy CBSE Board	246
11	Christ Academy State Board	224
12	CKT school New Panvel	42
13	DAV International School	52
14	Diamond Jubilee High School, Byculla	45
15	Don Bosco High School	154
16	D Y Patil School	64
17	Dyandeep School	46
18	Dyan Pushpa Vidya Niketan, CBD	62
19	Emmanuel English Medium School	68
20	Ghokhale High School	46
21	Good Shepherd School, Nerul	246
22	Good Sheperd School, Belapur	78
23	Guru Gobind Academy	165
24	Harmani Public School	60
25	Harmony Public School (Karghar)	42
26	Huda English School	35

27	Jspm School, Kamothe	70
28	Jspm School, Panvel	134
29	Jspm School, Kharghar	74
30	Little Angel's English School	82
31	K.A. Bharthiya School	64
32	Kendriya Vidyalaya Koliwada	142
33	Kids Garden Public School, Sukapur	48
34	K.V. Kanij School	68
35	K.V. Kamy School Panvel	50
36	Late M.T.Thakur, Eng. Med. School, Parle	45
37	Little Bird School	40
38	Little Harmony School, Belapur	84
39	Mansarovar School Kamothe	76
40	Modern English School	48
41	Monami High School	57
42	Mspm School, Kharghar sector 17	56
43	Mspm School, Kharghar sector 4	83
44	New Model School	44
45	Navi Mumbai Mahanagar Palike, Nerul	54
46	Navi Mumbai Mahanagar Palike, Rahale	56
47	Navi Mumbai Mahanagar Palike,Kopperkhaiane	88
48	NIMHRC	74
49	Nivedita High School	220
50	PES Central School, Belapur	63
51	Podar High School	72
52	Presentation High School	184
53	RBT Vidyalaya	64
54	Redcliff School, Belapur	54
55	RTP School, Kharghar	62

56	Rajput School, Panvel	74
57	Sai Nath School	210
58	Sakharam Seth High School	72
59	Samayak Vidyalaya	54
60	SBOA Public School	62
61	Sree Ram English School	82
62	Sree Ram Vidyalaya	164
63	St. Mary's High School	42
64	Sainath School	66
65	St. Therese School	389
66	St Xavier's High School	64
67	St Xavier Public School, Kharghar	52
68	St. Xavier Public School, Panvel	67
69	Sree Narayana Guru School	82
70	Shree Suvidya School, Kamothe	162
71	Sri Ravi Shankar Vidya Mandir Khaghar	71
72	Sterling High School, Nerul	68
73	Sushma Patil Vidyalaya	63
74	Swami Brahmanand Prathishtan	56
75	Swami Vivekanand Vidya Mandir	75
76	Thakur English Medium School	134
77	The English High School	56
78	Tilak Public School, Nerul	78
79	Tilak Public School, Ghansoli	142
80	Tungareshwar High School, Panvel	82
81	Vasudev Balvanta Phalike	64
82	Veer Savarkhar School	114
83	Vibgyor International School vashi	164
84	Vibgyor International School Kharghar	142

85	Yakub Baig High School	32
86	Vidyabhavan High School Sec 9 CBD Belapur	112
87	P.E.S Central School Sec 1 CBSE CBD Belapur	276
88	New Horizen Public School Sec 19 Airoli	62
89	Goldstar High school Sec 28 Vashi	48
90	Datta Meghe World Academy Sec 16 Airoli	62
91	Bethany Convent kolkhe Panvel	122
92	Modern High school Sec 15 Vashi	50
93	Vibgyor High school Sec 15 Kharghar	70
94	Goldcrest High School Sec 29 Vashi	78
95	P.E.S High school (state board)1 CBD Belapur	124
96	D Y Patil School	52
97	Bharathi Vidyapeeth (CBD)	65
98	St. Xaviers School (Pancel)	48
99	Nutan Vidyalaya Nerul	28
100	Dyandeep Primary school	48
101	Adarsh Vidyalaya High school	42
102	Utkarsh High school	84
103	MES Vidya Mandir	52
104	Amruta Vidyalaya (Jui Nagar)	38
105	Narayan E Techno school	48
106	Mahima International school Koperkhairane	56
107	New Horisen school sector 13	42
108	Father gnel school Vashi	47
109	Rainbow International school	48
110	Indian National school Nerul	52
111	chougale school airoli	53
112	J C L High school Vashi	72
113	Gold star High school Vashi sector 28	58

114	Vibgyor High school kHarghar	59
	Total	**9683**

Total Number of students in Mumbai **= 9683**

Schools in Vidarbha Region of Maharashtra -2019 – 2020

No	Name of the school	No. of students 2019- 20
1	G.T.G. School Loni Takdi	35
2	Vinayaka Gurukul Amravati	142
3	I.D.M.S. School, Digaras	39
4	Police Public School,Amravati	64
5	Rashtra Sant Tukdoji Maharaj Vidyalaya, Malkhed	52
6	Sunrise English School, Tiwasa	48
7	St.Francis High School, Amravati	72
8	Saraswati Vidhyalaya, Amravati	38
9	Shiv English School, Amravati	64
10	Vikas Vidyalaya, Vilas Nagar, Amravati	48
11	Noble Kids School, Arvi	62
12	Jet Kids School Amravati	49
13	New Golden Public School	50
14	Rajeshwari High School, Badnera	72
15	Era Kids School, Amravati	48
16	Pu. Sant Gadgebaba Vidyalaya,Manjarkhed	42
17	Shir. Saibaba Vidhayala, Amravati	54
18	Kubetkar School, Amravati	61
19	Z.P.School Dabha,Nandgaon	35
20	Z.P.P. School Namdgao	60
21	Z.P.School Tongalabad	72
22	Z.P.School Amravati	48
23	Z.P.School,Jamgaon	62

24	Z.P.School Dadhi, Bhatkuli	41
25	Z.P.School, Bhankhed Khurde	65
26	Z.P.School, Waygaon	58
27	S.V.K.Vidhyalaya, Naigaon	56
28	Mother's Pride Convent School	56
29	Teny Blosem School	36
30	DIECPD, Amravati	79
31	Paradise E. School , Amravati	46
32	Shanti Vidya Mandir, Nagpur	62
33	Ramkrushna Kreeda Ashram Shala, Amravati	42
34	New High School Belpura, Amravati	58
35	Manibai Gujrati High School Amravati	51
36	Sharada Mahila School Nagpur	62
37	School Of Scholars Amravati	58
38	Shiv English School, Amravati	52
39	Dada Bhamodkar Krushi Vidyalaya saur Amt	47
40	Mannalal Gupta Vidyalaya chandur Railway	41
41	Dada Saheb Boke Vidyalaya , Varkhed	42
42	Shivaji High school and Jr College , Shirajgaon Band	38
43	Shivaji High school Chikhaldara	128
44	Dr, Punjabrao Deshmukh High school , Papal	41
45	Chandur kanyasala junior College Chandur Railway	61
46	Sri, Chatrapati High school Dhamangoan Raiway	62
47	Benboji Baba High school Ghuekhed	52
48	Sant Maniram Maharaj vidyalaya Baggi jawara	76
49	Shivaji high school Ganesh nagar Nagpur	86
50	shivaji high school Nerul	68
51	Shivaji high school Darvha	51
52	Model High school wardha	41
53	kanyasala Aanji	72

54	Adarsh Vidyalaya Aanji	153
55	Shivaji High school Nandura	38
56	shivaji vidyalay chandol	53
57	shivaji High school Boregoan Bu.	56
58	Shivaji Vidyalya Buldhana	48
59	Shivaji High school Nera Bu.	42
60	Tukaram Ingole vidyalaya kan shivani	62
61	shivaji High school Kinhola	84
62	shivaji Vidyalya Deugoan -Mah .	44
63	shivaji Vidyalaya Akola	38
64	Shivaji High school Masrul	42
65	Shivaji High school Hatedi	35
66	shivaji Vidyalya Main Branch akola	61
67	shivaji High school Kinhiraja	70
68	Shivaji Vidyalaya Kutasa	41
69	Shivaji vidyalaya Vanoja	62
70	Shivaji High school Chikhali Buldhana	46
71	Shivaji Vidyalaya Aasegaon Bajar	71
72	shivaji High school Telhara	58
73	Shivaji High school Esoli	124
74	shivaji High chool Ramjaba	35
75	Shivaji High school Aakot	112
76	shivaji vidyalya Nimba	48
77	Kasturbha Kanya sala Amravati	62
78	shivaji Kanya sala Morshi	41
79	Janata Vidyalaya n Junior college nerpingalee	42
80	Jarud high school Jarud Amravati	48
81	B.D Jarudkar Kany asala Jarud Amravati	62
82	Shivaji multipurpose high school main branch	142
83	Sri shivaji Maratha high school n junior college,Amravati	56

84	Shri shivaji highschool khartelegaon	34
85	Nandgaon highschool n junior college, dist.,Amravati	42
86	New english high school n junior college,Varud,dist.Amravati	52
87	Rajura highschool n junior college,Rajura Bajar,dist.Amravati	42
88	Abhimaanji Kalmegh school,Nandgaon Peth,dist, Amravati	36
89	Aadarsh Highschool,daryapur,dist.Amravti	56
90	Ratnabai Rathi kanya shala,daryapur,dist.Amravati	42
91	kaushalyabai barbade vidyalaya,Chincholi,dist.Amravti	45
92	khallar highschool n junior college,Khallar,dist.Amravati	24
93	SRA English High school	83
94	Prabhat Kids School ,Washim Road ,Akola	80
95	Prabhat Kids School , City Br	120
96	Kids Paradise school ,Patur	120
97	Khotari Convent	38
98	Jubliee English High School	117
99	RDG Public School	160
100	Vivekanand Primary Eng. School	86
101	M.B Convent School	180
102	Sanmitra Public School	128
103	Ekvira Brilliant Mind School	105
104	SOS, Hinga Road, Akola	45
105	The School Academy Akola	25
106	Deshbhakt Madhymik Vidyalaya	33
107	Mahatma Fule Vidyalaya, Chondhi Tq. Patur	40
108	Shankarlal Agrawal, English School, Akola	38
109	India Foundation School, Chinchala, Tq. Mangrulpir	70
110	Bhikamchand Khandelwar Vidyalaya, Akola	34
111	Mahadevrao Band Vidyalaya, Khanapur, Patur	42
112	Podar School, Akola	81
113	Jageshwar English School, Wadegaon (Mr. Manikrao Mankar)	75

114	SOS, Birla Colony, Akola	120
115	Blossom Kids, Balapur	40
116	Narayana's Kids, Washim	45
117	Gurukul English School Wadegaon	45
118	Khandelwal english School, Dabki Road, Akola	48
119	Khandelwal Dnyan Mandir, Akola	99
120	Vidyanchal School, Akot	120
121	Jagruti Vidyalaya, Akola	150
122	Vyankatesh Balaji English Primary School, Murtizapur	120
123	Moharidevi Khandelwal, Akola	51
124	Karmayogi Babasaheb Apotikar Vidyalaya, Apoti	56
125	Shri Sant Janardan Swami School Verul	60
126	S.Sarawati High school Takliwadi	40
127	Shri. Chh. Shivaji High school Takli	45
128	Padmaraje Vidyalay akola	60
129	B. Shahapure English medium School Mal aalas	46
130	Academic Heights Public School Akola	84
131	Dewale Public school Mothi Umari Akola	58
132	RamaKrishna School Belapur Akola	48
133	Dr. Aasrpatil Udgoan Technical High school Udgaon	40
134	Zilla Parishad school Kajaldoh	28
135	Zilla Parishad school Doma	31
136	Zilla Parishad school Bamadehi	16
137	Zilla Parishad school Koylari	34
138	Zilla Parishad school Pachdongari	23
139	Zilla Parishad school Toranwadi	16
140	Zilla Parishad school Katkumbh	37
141	Tanaji Malusare Vidyalay Koylari	32
142	Bajiprabhu Deshpande Vidyalay Kajal Doh	15
143	G.P. Zadkhande Vidyalay Bamadehi	37

144	Govt. Aashram Shala Doma	35
145	Zilla Parishad school Katkumbh	16
146	R.S. Gawai Vidyalay Tembrusonda	52
147	Adivasi Madyamik vidyalay Salona	40
148	Dnyan Deep Madyamik Vidyalay Hattighat	37
149	High school GauBazar	26
150	Zilla Parishad School Telakhar	38
151	Zilla Parishad School Somwarkheda	28
152	Zilla Parishad School Gaulkheda Bazar	42
153	Zilla Parishad School wastapur	36
154	Aashram Shala Nagapur Gaulkheda Bazar	42
155	Gurudev Telkhar school Gaulkheda Bazar	24
156	Lakhmabai Khadake school Wastapur	37
157	Mangalata High school Wastapur	26
158	Zilla Parishad Ucha Prathmik shala Baglinga	36
159	Zilla Parishad school Badanapur	16
160	Zilla Parishad school Badanapur	38
161	Zilla Parishad school Salona	42
162	Zilla Parishad school Bihali	36
163	Zilla Parishad school Bhulori	28
164	Zilla Parishad school Hattighat	52
165	Zilla Parishad school Kohana	47
166	Ashram shala School Salona	42
167	Ashram madyamik Vidyalay salona	43
168	Zilla Parishad school Hattighat	36
169	Zilla Parishad school Masodi	26
170	Zilla Parishad school Aadnad	42
171	Shri Gurudev Vidyalay Mandir Motha	35
172	Zilla Parishad Kanya Pradamik shala Motha	42
173	R.S. Gawai Vidyalay Aadnad	36

174	Govt. Aashram Shala Aadnad	42
175	R.S. Gawai Vidyalay Tembrusonda	13
176	Zilla Parishad Purva Madyamik Marathi Shala Khakali	47
177	Zilla Parishad School Borala	35
178	Zilla Parishad School khirpani	46
179	Zilla Parishad School Purva Madyamik Shala	42
180	Zilla Parishad School Aaki	34
181	Zilla Parishad School Bhorgad	32
182	Jay Bhavani High school Sawarpani	23
183	Zilla Parishad Higher Primary School Semadoh	35
184	Zilla Parishad School Makhala	23
185	Zilla Parishad School Pili	42
186	Zilla Parishad School Semadoh	51
187	Govt ShaskiyaAshram Shala Raipur	26
188	Zilla Parishad School Borala	35
189	Zilla Parishad School Vanawasi	41
190	Gajanan Vidyalay Garajdara	26
191	Zilla Parishad School Sonapur	31
192	Swami Samarth School Morgad	24
193	Zilla Parishad Ucha prathmik shala Bori	52
194	Zilla Parishad Ucha prathmik shala Amzari	36
195	Nagar Parishad Ucha Prathmik Urdu Chikhaldara	34
196	Cresent Urdu School Chikhaldara	61
197	Girijan Vidyalaya Chikhaldara	63
198	Holy Cross Convent school Chikhaldara	47
199	Andh Vidyalay Chikhaldara	34
200	Shivaji Vidyalay Chikhaldara	42
201	Sant Gadge Maharaj School Jamali(R)Chikhaldara	35
202	Shivaji High school Chikhaldara	36
203	Shivaji High school Bori	32

204	Zilla Parishad Ucha Prathmik shala Churani	12
205	Zilla Parishad Ucha Prathmik shala Kotmi	25
206	Zilla Parishad Ucha Prathmik shala Gangarkheda	16
207	Zilla Parishad Ucha Prathmik shala Dahendri	26
208	Zilla Parishad Ucha Prathmik shala Kalapandri	41
209	Sw.Ajabrao kale Vidyalay Churani	26
210	SW. Shri Krushnaji Yewale Dahendri	28
211	Anudanit Adiwasi Ashram shala Dahendri	38
212	Adivasi Ashram Shala Jamali (RA) Chikhaldara	52
		11098

Total number of students in Vidarbha Region 11098

Number of students in each school in Karnataka -2019-2020

	Schools in Karnataka	**2019- 2020**
1	Baldwin Co Ed School	280
2	Cathedral School	500
3	Col. Hill School	420
4	Ebenezer School Bangalore	244
5	Prudence International School	140
6	St. Charles School	509
7	Tunbridge High School	67
8	Gnanabodhini High School, English medium, Kengeri	300
9	Gnanabodhini High School, Kannada medium Kengeri	110
10	Maria Niketan High School, Bogadi, Mysuru	392
11	Angela Vidhyalaya Niketan, Bogadi Mysore	330
12	Noor Ahmed Alikhan Memorial Primary And High School	194
13	Akshara International Public School, Mandya	275
14	De Paul School, Mysuru	396
15	Excel Public School, Mysuru	244
16	St. Rosellos Central School, Mysuru	172
17	Radha Krishna school	90
18	St. Joseph's High School, Hunsur	560
19	St. Joseph's PU College, Hunsur	721
20	St. Joseph's High School, Koppa	136

21	Nirmala Convent Higher Primary School. Eng. Med. Balehennur, Chikmagalur	160
22	Nirmala Convent High Sc, English Med. Balehennur, Chikmagalur	240
23	Christa Prabha Convent Higher Primary School, Jayapura, Koppa	37
24	Amrutlalji High School, Dakshin Kannada	98
25	Assisi Central School, Dakshin Kannada	94
26	St. Antony Higher Primary School, Suntikoppa	197
27	St. Joseph's Higher Primary School , Derlaketta	76
28	St Joseph's Primary School, Phajiru, D K	210
29	St Jude's Higher Primary School, Belthangady	56
30	St. Theresa English High School, Belthangady	81
31	St. Theresa P.U. College, Belthangady	134
32	Roshini High School, Hangal, Haveri	390
33	Roshini Social Action Center	35
34	St. Michael's High School, Shanthinagar, Hubli	34
35	St. Michael's High School, Keshwapura, Hubli	419
36	Vijaya bharathi High School	95
37	St. Xavier High School, Tumerikop	225
	Total	8436
B	**Colleges in Karnataka**	
1	Peniel Community College	45
2	Concerns India	47
3	Lowery Memorial D.Ed College	17
4	Rebekah Ann Naylor Nursing College	65
	Total	174
C	**Other Institutions**	
1	Out of school Youth through CCCYC workshop	877
2	Center for Social Action, Christ University, Bangalore	14
	Total	831
	Grand Total of A+B+C	**9501**

Total number of students in Karnataka is 9501

Total number of students doing the program in the year 2019 – 2020 is Total 54801

ANNEXURE II

Feedback from teachers, students and parents on ASHA Foundation's Adolescent Health Education (AHE) Program

Impact of the AHE program- Feedback from the teachers

I am a maths teacher; and good in teaching maths. I was very strict so my children didn't like that much.

I attended the ASHA workshop in 2016. From 2017, I started teaching the ciriculum. I have noticed a wonderful change. The students have started coring me more than before. They share many of their problems with me and am able to guide them.

Thank you ASHA team
Marianna Thomas
Nirmala Convent school.

Hello ASHA team,

I am still remembering the 3 days workshop. It was so live. Remember Joyce Madam's skit, dance, Bharathi Madam's story, Bethesa madam's inspiring classes. I attended the workshop in 2015.

We are able to do the ciriculum very well. Thes students are really liking the way we teach.

Thank you very much.
Shubra Lahiri.

Feedback from students

Myself Sakshi Pawar (IX B) NIRMALA CONVENT SCHOOL. When I started last year academic sessions, I had a lot of problems. I could not concentrate in my studies. I was too shy and doubtful and my bodily changes were embarrasing me a lot.

It was that time Ma'am you taught me the lessons on Physical Dwelopments by using some activities and games. I was really happy to attend your classes.

I came to know what all changes in me are common and there is nothing to worry.

Now am happy, and good in my studies.

Hai Swati Madam,
Greetings from Aswathi.

The lockdown situation really boring us. We wanted to come to school as early as possible. We remember your classes, especially classes of value education.

Convey our regards to ASHA foundation, Bangalore.

Aswathi Nair
PDEA school. Akurdi, Pune.

In my life I have chose friends on the basis of thier qualities like the most intelligent, most beautiful, best sportsman etc... That had given lots of bad experiences in my life. Ma'am, when u taught me How to choose friends that had changed my friend circle. Now am happy with My friends.

Love you teacher

Ashmeera S. Dhepe

6th f roll no. 8

School of schoalars

Thank you Deshmukh Sir for giving a wonderful lesson on 'who am I'. Earlier I was always thinking that I am not good for anything. My Pappa and my Mummy always tells me that I am not doing things like my neighbour children does. But now I am feeling that I am good. I am worth, I am able .....

Thank you Deshmukh Sir,

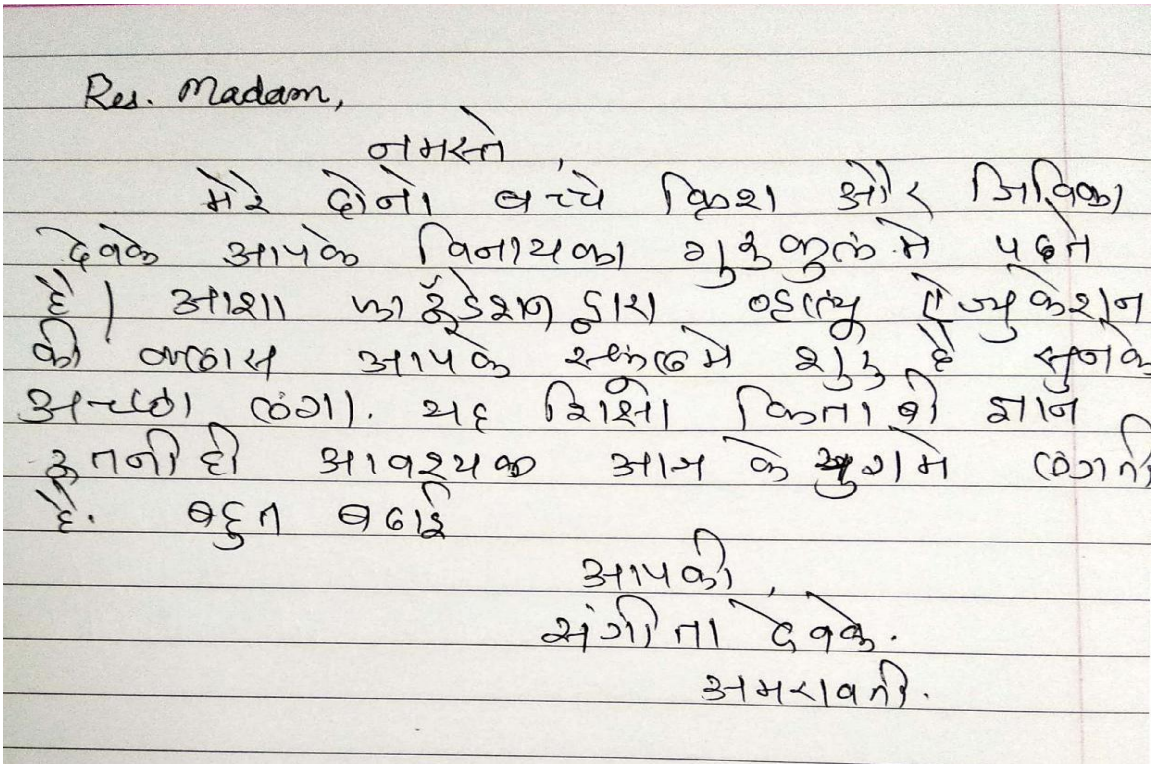
Yours Obidient student,

Parth Patil

10th A 10036

St. Francis High School, Amt.

Feedback from Parents

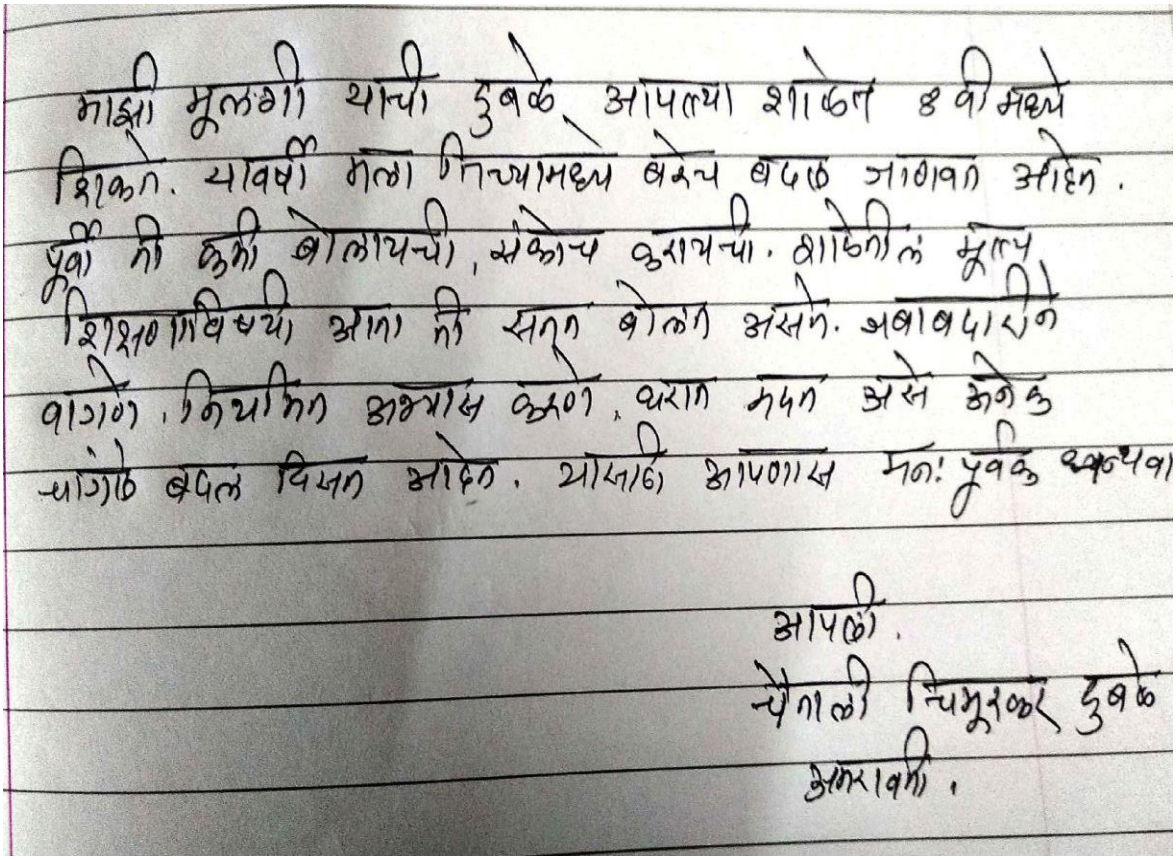


Res. Madam,

नमस्ते,

मेरे दोनो बच्चे क्रिश और जिविका देवके आपके विनायका गुरुकुल मे पढते है। आशा फाउंडेशन द्वारा व्हाल्यू ऐज्युकेशन की क्लास आपके स्कूल मे शुरु है सुनके अच्छा लगा. यह शिक्षा किताबी ज्ञान इतनी ही आवश्यक आज के युग मे लगती है. बहुत बढाई

आपकी,
संगीता देवके.
अमरावती.



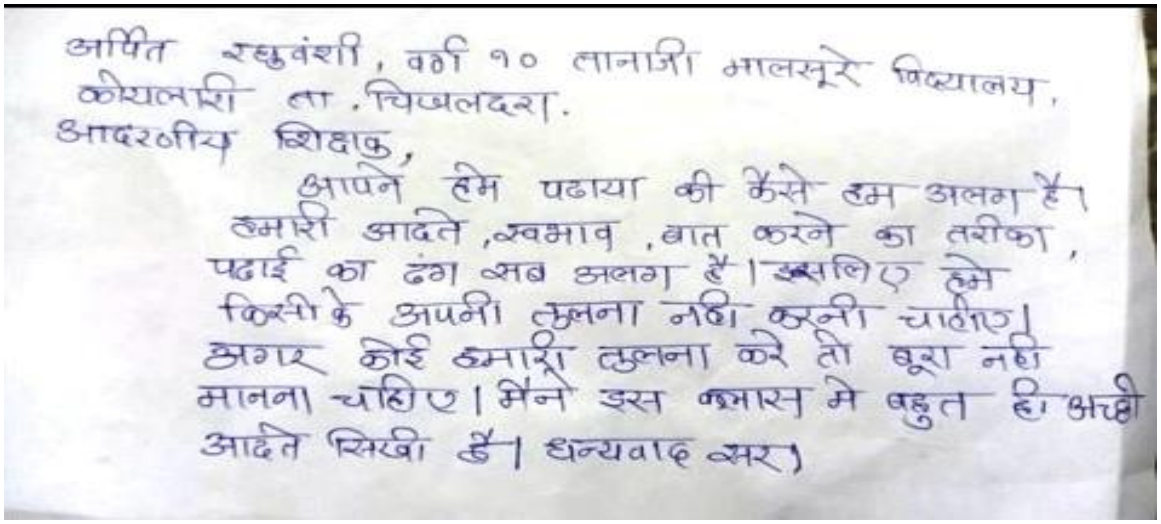
माझी मुलगी याची दुबळे आपल्या शाळेत 8 वी मध्ये शिकते. यावर्षी मला तिच्यामध्ये बरेच बदल जाणवत आहेत. पूर्वी ती कमी बोलायची, संकोच करायची. शाळेतील मूल्य शिक्षणाविषयी आता ती सतत बोलत असते. जबाबदारीने वागणे, नियमित अभ्यास करणे, घरात मदत असे अनेक चांगले बदल दिसत आहेत. यासाठी आपणास मनः पूर्वक धन्यवा

आपली.
चैताली चिमूरकर दुबळे
अमरावती.

Student Response from Chikhaldara:

Dnyanesh Kirkate, Std VIII, Govt.Ashram School. Doma, chikhaldara.

“In value education class, I learnt that how we are different from others. If someone is labelling us or teasing us, we should not pay attention to them., rather we should improve on our habits then only we can be successful in our life. thank you madam.”

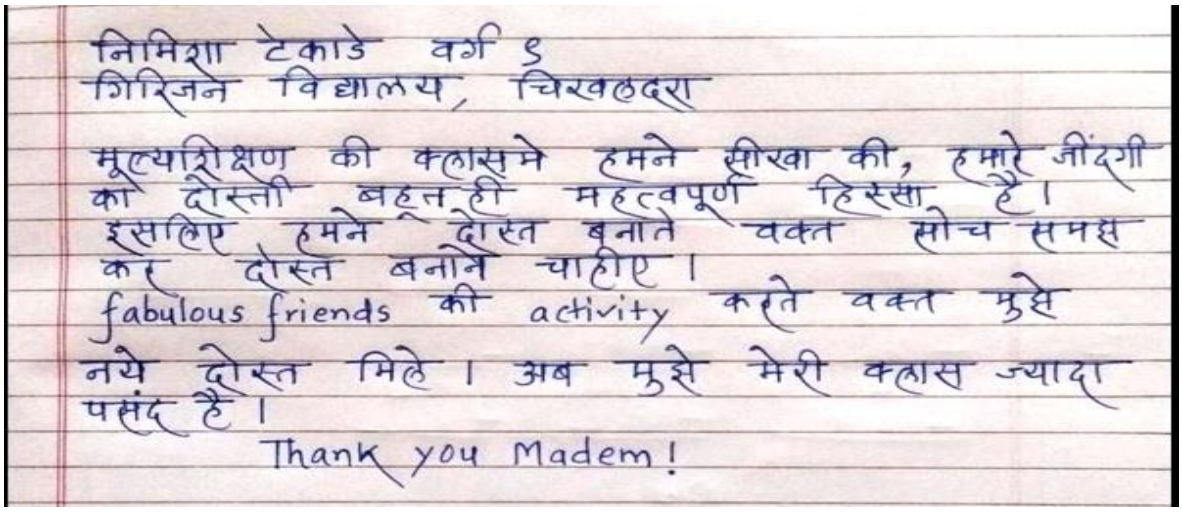


अर्पित रघुवंशी, वर्ग १० तानाजी मालसूरे विद्यालय,
कोयलारी ता. चिखलदरा.
आदरणीय शिक्षक,
आपने हमे पढाया की कैसे हम अलग है।
हमारी आदते, स्वभाव, बात करने का तरीका,
पढाई का ढंग सब अलग है। इसलिए हमे
किसी के अपनी तुलना नही करनी चाहीए।
अगर कोई हमारी तुलना करे तो बूरा नही
मानना चहिए। मैंने इस क्लास मे बहुत ही अच्छी
आदते सिखी है। धन्यवाद सर।

Translated in English

Arpit Raghuwashi, Std X, Tanaji Malusare Vidyalaya, Koylari, chikhaldara.

“Respected Sir,
You taught how we all are unique. Our habits, nature, the way we talk, the way we study everything is different that's why we should not compare with anyone else. If someone is comparing us, then we should not feel bad about it. In this class I learn so many good habits. thank you sir”

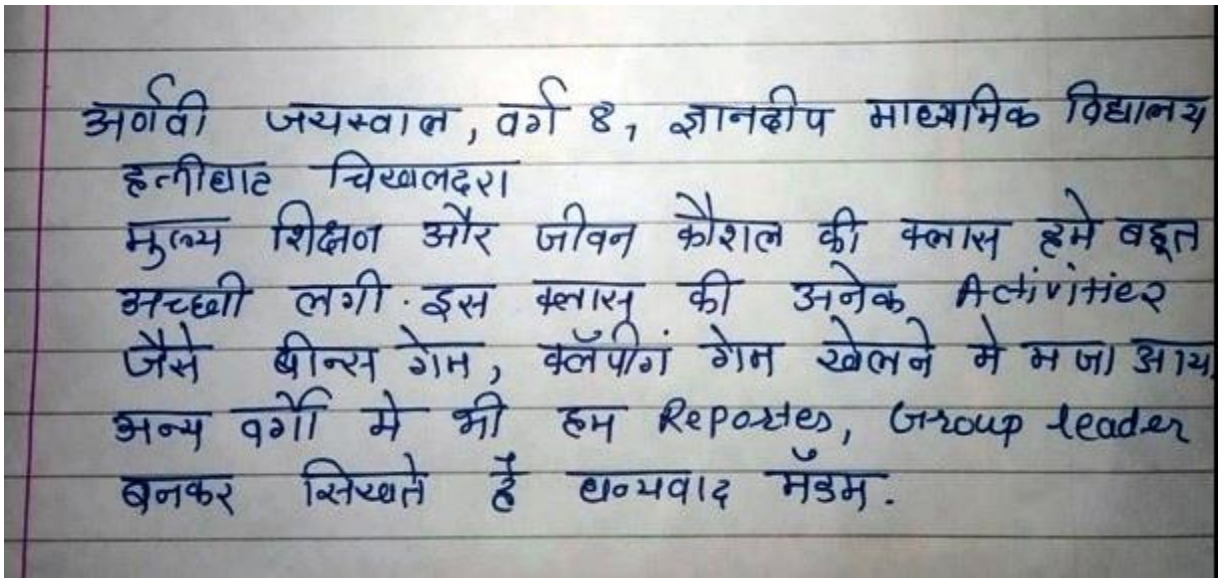


निमिशा टेकाडे वर्ग ९
गिरिजने विद्यालय, चिखलदरा

मूल्यशिक्षण की क्लासमे हमने सीखा की, हमारे जींदगी
का दोस्ती बहुत ही महत्वपूर्ण हिस्सा है।
इसलिए हमने दोस्त बनाते वक्त सोच समझ
कर दोस्त बनाने चाहीए।
fabulous friends की activity करते वक्त मुझे
नये दोस्त मिले। अब मुझे मेरी क्लास ज्यादा
पसंद है।
Thank you Madem!

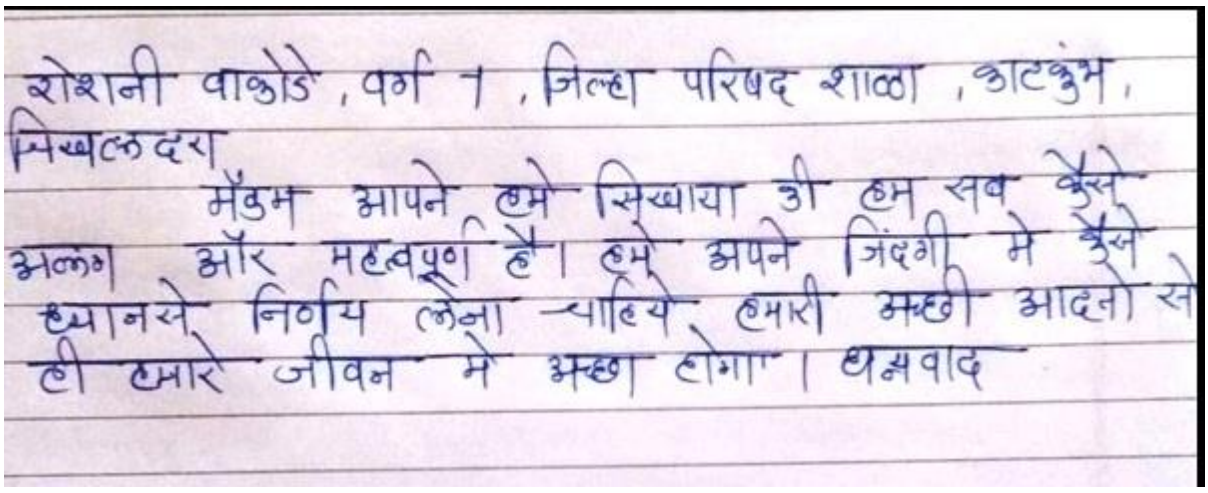
Nimisha Tekade, Std ix, Girijan Vidyalaya, chikhaldara.

“In value education class I learnt that friendship is one of the most important part of our life therefore
we should choose our friends wisely. In fabulous friend’s activity I got many new friends. now I like
my class very much. Thank you madam.”


अर्णवी जयस्वाल, वर्ग ४, ज्ञानदीप माध्यमिक विद्यालय
हत्तीघाट चिखलदरा।
मुल्य शिक्षण और जीवन कौशल की क्लास हमे बहुत
अच्छी लगी. इस क्लास की अनेक Activities
जैसे बीन्स गेम, क्लॅपींग गेम खेलने मे मजा आया,
अन्य वर्गो मे भी हम Reporter, Group leader
बनकर सिखते है धन्यवाद मॅडम.

Arnavi Jayswal, StdVIII, Dnyandeep madhyamik vidyalaya,Hattighat , chikhaldara.

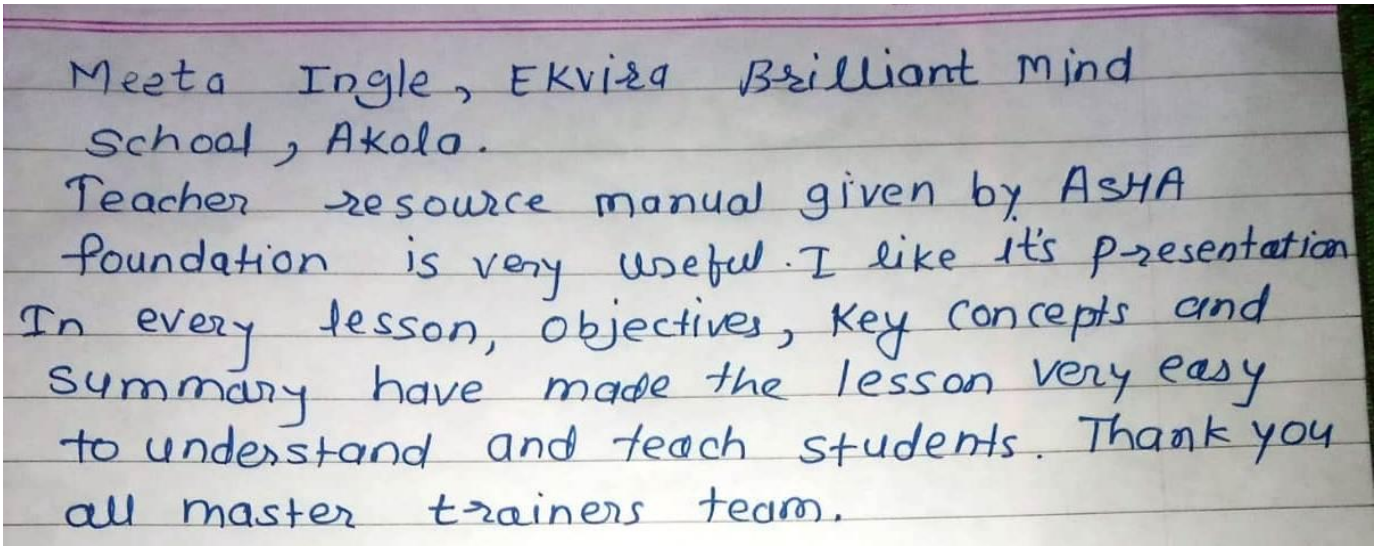
“We like this value education and life skill class very much. from this class, we like various activities like beans game and clapping games. In other classes also we use skill cards like reporter and group leaders.
thank you madam”

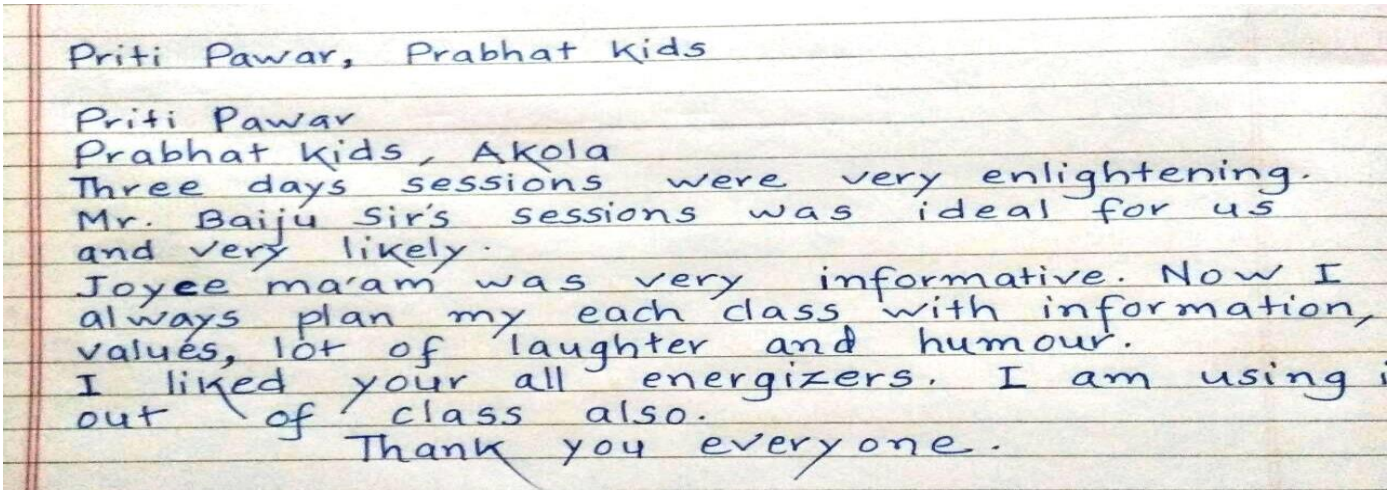

रोशनी वाकोडे, वर्ग 7, जिल्हा परिषद शाळा, आटकुंभ,
चिखलदरा
मॅडम आपने हमे सिखाया की हम सब कैसे
अलग और महत्वपूर्ण है। हमे अपने जिंदगी मे कैसे
ध्यानसे निर्णय लेना चाहिये, हमारी अच्छी आदतो से
ही हमारे जीवन मे अच्छा होगा। धन्यवाद

Roshani Wakode, Std VII, Zilla Parishad school, Katkumbh, Chikhaldara.

“Madam you teach me that how everyone's life is valuable and important so we all need to take decisions of our life very cautiously. Our good habits only will lead our life to a success, thank you.

Teachers Response:


Meeta Ingle, EKvira Brilliant Mind School, Akola.
Teacher resource manual given by ASHA foundation is very useful. I like it's presentation In every lesson, objectives, key concepts and summary have made the lesson very easy to understand and teach students. Thank you all master trainers team.


Priti Pawar, Prabhat Kids

Priti Pawar
Prabhat Kids, Akola
Three days sessions were very enlightening. Mr. Baiju Sir's sessions was ideal for us and very likely.
Joyee ma'am was very informative. Now I always plan my each class with information, values, lot of laughter and humour.
I liked your all energizers. I am using i out of class also.
Thank you everyone.

Shital Kawase, Bhikamchand Khandelwal School Akola.
In Asha Foundation's teachers training program we learnt many things required for teaching students I liked parenting communication style most. We get live examples of different parents reacting with their children. We understand very easily what to do and avoid. Being a parent and teacher, your whole content is helpful and guiding to me. Thank you Asha Foundation.

Student Response from Akola :

Vivaan Khatri class 7th, Vidyanchal School Akot, Di. Akola
I like your value education class. We understand many important values through different activities. In your lesson "Who am I?" I learnt that we are special, unique and have various different specialities. Thank you Sir.

Aashna Tank, class 8, Ekvira Brilliant mind Shool, Akola.

Dear Sir,

you taught us how unique and valuable we are you taught us about Friend-ship. We realise how much friends are important in our daily life. We share every-thing of our daily life with them. Therefore we must be cautious while selecting friends.

Yug Jagmalani, Class 8, School of Scholars, Hingana Road, Akola

Dear Madam,

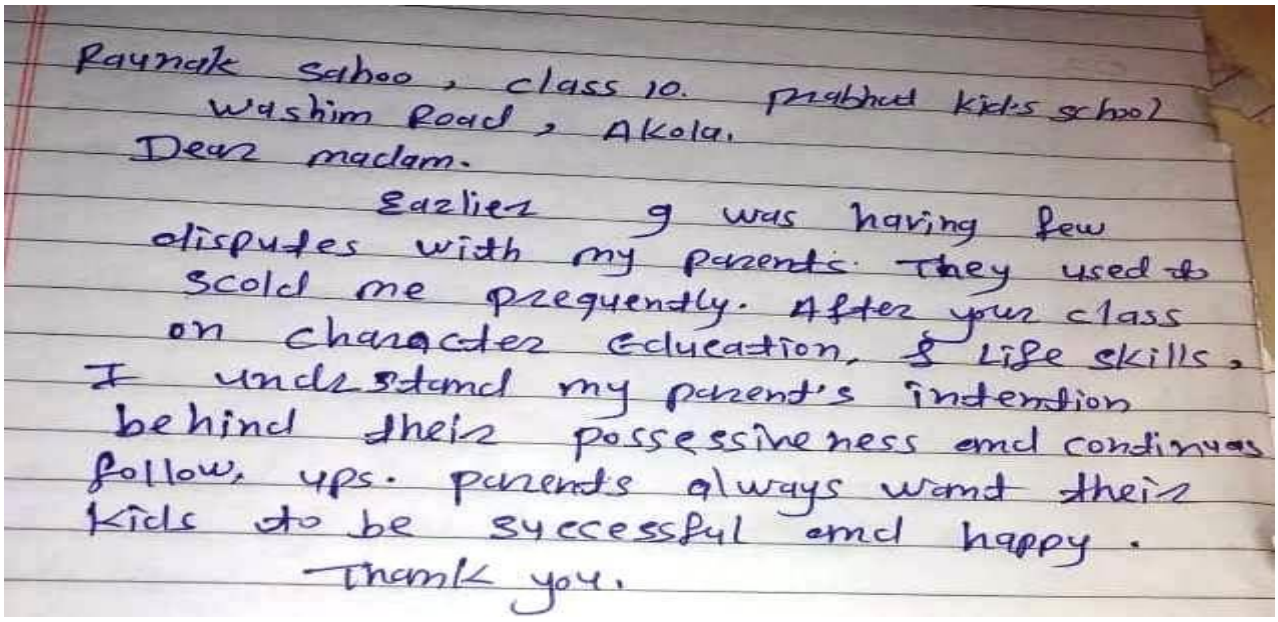
I have realised that we are unique and have various, different features, we have some similarities and some differences also. So we cannot be compared with anyone else. Thank you for your valuable guidance.

preet Bydhaani, class 9, Bhikamchand Khadelwal Vidyalaya, Akola.

Dear Madam,

In your Value education class, the most important thing. I learnt is "Golden Ground Rule". I make its chart in my room which I can see everyday. Many good and new habits. I learnt from this class.

Thank you



Raunak Sahoo, class 10. Prabhat kids school Washim Road, Akola.

Dear madam.

Earlier I was having few disputes with my parents. They used to scold me frequently. After your class on character Education, & Life skills, I understand my parent's intention behind their possessiveness and continuous follow ups. parents always want their kids to be successful and happy.

Thank you.

Office Address:

ASHA Foundation,

N0.42, 4th Main, SBM Colony

Anandanagar, Bangalore-560024

Phone: 080 -2333 2921 / 235445050

Counselling No: 080- 23542222 / 23543333

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Donations can also be made through cheque or DD in favor of ASHA Foundation and sent to the above mentioned address